



HOUSTON GROUP  
PSYCHOTHERAPY SOCIETY

An Affiliate  
of American Group  
Psychotherapy  
Association (AGPA)

Welcomes you to



Presents

"The Healing Power Of Groups In A  
Fragmented World"

February 26 - March 3, 2018

Westin Galleria and  
Westin Oaks Houston Hotels

## WELCOME TO THE DIVERSE CITY OF HOUSTON!!

Houston Group Psychotherapy Society (HGPS) welcomes all AGPA members and guests to Houston: cosmopolitan, trendy, diverse, and America's fourth-largest city. Our intention is to provide a warm, welcoming, comfortable and multi-cultural setting for the 2018 Annual Meeting of the American Group Psychotherapy Association, themed "The Healing Power of Groups in a Fragmented World."

Houston has something to offer everyone: world-class dining, arts and shopping mixed with trendy, distinct neighborhoods and wonderful outdoor green spaces. Take a stroll through the historic Heights, spend the day exploring the Museum District, visit eclectic antique shops and boutiques in Montrose, enjoy shopping in the Galleria area, and spend the evenings experiencing culinary delights and an array of nightlife opportunities. Of special interest, The Houston Livestock Show and Rodeo, the largest in the world, will be taking place during your stay.

The members of the HGPS Hospitality Committee, Tony Aucoin, Ann Marie Buckley, Brittany Burch, Tom Carter, Linda Chase, Helen Chong, Jamie Cool, Patti Mosteller Davis, Jean Dixon, Mara Gittess, Dale Hill, Richard Newman, Audrey Ryman and Carol Vaughan, have worked in an attempt to provide a user-friendly and informative Guide of Houston to our AGPA visitors. We have included our favorite venues throughout Houston and hope you find it useful. **For an expanded guide, visit us online at [HGPS.org/connect18](https://hgps.org/connect18).**

In addition to the Hospitality Guide, we will be hosting AGPA members and guests at our HGPS Hospitality Booth. There you will find an array of information and guides pertaining to transportation, dining, museums, arts, Livestock Show and Rodeo, and much more. We are staffing our hospitality booth throughout the conference and look forward to meeting each of you.

Hope you enjoy your time in Houston!



Helen Chong, LCSW-S, CGP  
President, HGPS



Mara Gittess, LPC  
Chair, Hospitality Guide Subcommittee



Linda Chase, LCSW-S, CGP  
Chair, Hospitality Committee



Jean Dixon, LPC, CGP  
Chair, Hospitality Booth Subcommittee

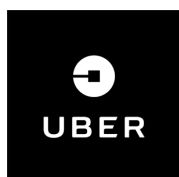


## Houston Restaurants: A Vibrant Culture of Global Culinary Arts.

We have selected restaurants for you to try; however, the listings are subjective and do not represent all the restaurants in the highlighted areas of our guide. Instead our focus is to offer a wide range of restaurants that mark the “Houston Restaurant Scene” as well as describe the culture of and entertainment in specific areas. Please note, it is speculated that more people eat out in Houston than in most major cities in the US. It is highly recommended to make advanced reservations. In addition, we also recommend that you confirm the location of any entertainment venues as some of them have been relocated. **For an expanded guide, visit us online at [HGPS.org/connect18](http://HGPS.org/connect18).**

## Getting Around Town

This year’s conference is centrally located in the Galleria area and many of our recommendations are nearby. For getting around town, we suggest using Uber, Lyft or Yellow Cab. Houston also offers a Bike Share Program with 46 stations and 350+ bikes throughout Central Houston ([houston.bcycle.com](http://houston.bcycle.com)).



# The Galleria

Texas' largest shopping center and the seventh largest mall in the US, The Galleria features more than 400 stores and 50 dining options, an ice skating rink, three office towers, and the Westin Galleria and Westin Oaks hotels.

**Anchor stores:** Neiman Marcus, Nordstrom, Saks Fifth Ave. and Macy's

**Some Designer boutiques:** Chanel, Fendi, Gucci & Prada

**Notable shops:** Apple, Relax the Back, Tiffany's, Brookstone, DeBeers, and Faberge.

**Indoor ice-skating rink:** Public skating, skate rentals, classes, DJ skate nights. Lower level. 713-621-1500.

## Dining in the Galleria Proper

The restaurants listed below are all under the Galleria roof and can be reached by walking, without leaving the building. The Galleria covers several blocks so restaurant addresses vary.

### AMERICAN

**51fifteen at Saks Fifth Ave.**, 5175 Westheimer, 713-963-8067, 2nd floor Elevated American classic dishes and World Fusion cuisine amidst sleek décor. \$\$\$ 51fifteen.com

**Bazille at Nordstrom**, 5192 Hidalgo, 832-201-2700, 3rd floor Casually sophisticated atmosphere features bistro cuisine. \$\$ Nordstrom.com

**Daily Grill**, 5085 Westheimer Rd, 713-960-5997, Level 2. Casual chain offering American comfort food \$-\$\$\$ dailygrill.com

**The Cheesecake Factory**, 5015 Westheimer Rd 713-840-0600, Level 1 American chain restaurant offering a huge variety of selections \$\$ thecheesecakefactory.com

**White Oak Kitchen at the Westin Oaks**

5011 Westheimer Rd, 713-960-6588, 2nd floor American Fare including vegetarian, gluten free and low carb. \$-\$\$\$ whiteoakhouston.com

### ASIAN

**E\*Tao**, 5135 W. Alabama St, 713-965-0888, Level 2. Contemporary eatery offering dim sum, noodles and curries. \$\$ simon.com (no email)

**Kona Grill**, 5061 Westheimer Rd, 713-877-9191, Level 1. American and global menu. \$\$ Konagrill.com

### SEAFOOD

**Mariposa at Neiman Marcus**, 2600 Post Oak Blvd., 713-621-7100, third floor Elegant restaurant serving contemporary cuisine. \$\$-\$\$\$ neimanmarcus.com

**The Oceanaire Seafood Room**, 5061 Westheimer Rd, 832-487-8862, Level 1. High end chain offering seafood, steaks, deep wine list. \$\$\$ theoceanaire.com

## SOUTH AFRICAN

**Peli Peli**, 5085 Westheimer Rd, 281-257-9500, Level 1. South African Fusion fine dining. Rated Top 10 in Houston on Trip Advisor. \$\$\$ pelipeli.com

## STEAKS

**Del Frisco's Double Eagle Steak House**

5061 Westheimer Rd, 713-355-2600, Level

1. Opulently outfitted chain restaurant specializing in prime steaks, seafood and wine list. Recommended by HGPS members. \$\$\$\$ delfriscos.com

## Around the Galleria /Uptown Park/ Highland Village /Upper Kirby



There are several high-end, bustling, shopping and dining destinations to visit within a short car ride or walk from The Galleria. Restaurant listings below will give approximate mileage from the Westin hotels in the Galleria. It is recommended to make advance reservations.

### AMERICAN

**Bossat Kitchen and Libations**, 4310 Westheimer, (281) 501-1187. With 350 bottles of different whiskeys, the menu combines 'good ole' comfort food with contemporary flavors. Outdoor/ indoor seating and caters to the younger set. Brunch, lunch and dinner, \$\$, .5 miles.

**Eloise Nichols Grill and Liquors**, 2400 Midlane, #100, 713-554-0136. Inventive cocktails paired with modern American comfort food, from a thoughtful menu to an open unrushed ambience, you can stay as long as you like. Brunch, lunch, dinner, late night, \$\$, .5 miles.

**Houston's**, 5888 Westheimer Rd., 713-975-1947. From cheeseburgers, steaks, fried shrimp and crab cakes, to reportedly the best ribs in town, and always highest standards. Lunch and dinner. \$\$, 2.2 miles.

**Kenny and Ziggy's**, 2327 Post Oak Blvd., 713-871-8883. Combines a traditional New York Deli contemporary cuisine from their own bake goods to pickled cured meats. Lunch and dinner, \$\$\$, .2 miles.

**Masraffs**, 1750 Post Oak Blvd., 713-3551975. American cuisine with a touch of Southern Europe, fine dining in a contemporary plush ambience. Special occasion and business meals, lunch and dinner and bar menu, \$\$\$, .5 miles.

**Ouise's Table**, 3939 San Felipe Rd., 713-528-2264. An Eclectic collection of Southern Comfort foods, evoking the ambience of a Texas Manor house and traditional offerings of the Gulf Coast. Breakfast, lunch and dinner. \$\$, 2 miles.

**True Foods Kitchen**, 1700 Post Oak Blvd., Blvd. Place 1, (281) 605-2505. A place to enjoy delicious

and rotating seasonal dishes that help you live well and healthy. Breakfast, lunch, and dinner. \$\$, .8 miles.

## ASIAN

**Le Colonial**, 4444 Westheimer in River Oaks District, 713-629-4444. A celebration of vivid flavors of 1920 French Colonial Southeast Asia; Vietnamese, French and contemporary Asia. Dining downstairs, lounge upstairs until 2:00 am. \$\$\$.

**Songkran Thai Kitchen**, 1101 Uptown Park Suite 8, 713-993- 9096. Authentic Thai cuisine which values the robust and fresh flavors of Bangkok with a fresh blend of spices and sauces. Signature dishes such as Heavenly Beef and Green Curry Chicken. Lunch and dinner, \$\$, 1.3 miles.

**Yauatcha**, 5045 Westheimer, 713-357-7588.

High end Chinese dim sum teahouse offering all day dining in the Galleria parking lot, north. Classic and contemporary dim sum, wok dishes and patisserie. \$\$\$, outside next to the Westin Oaks.

## FRENCH

**Etoile Cuisine and Bar**, 1101 Uptown Park Suite 11, (832) 668-5808. French/ European, Traditional and seasonal French food in an inviting and warm atmosphere. Feels like you're in Provence. Lunch and dinner, \$\$\$, 1.3 miles.

**La Table, Chateau** *Elegant dining*

**La Table, Marche** *Casual dining*

1800 Post Oak Blvd., 713-439-1000. French/ American with an ambiance of unpretentious luxury. A market driven menu that celebrates the freshest of seasons. Special occasions, brunch, lunch and dinner, \$\$\$, .5 miles.

**Rise No 2, Salon de Soufflé and Wine Bistro**

1700 Post Oak Blvd., 713-850 -7473. French soufflés, savory and sweet. Owner Hedda Dowd remembers the soufflés of her French mother and grandmother. She now has soufflés in Texas. Lunch and dinner, \$\$, .8 miles.

**Toulouse**, 4444 Westheimer in River Oaks District, 713-871-0768. In the tradition of fine bistros, imaginative and seasonal menus, provides cozy tables open to the street, French specialties and delicious desserts. Brunch, lunch and dinner, \$\$\$, .5 miles.

## ITALIAN

**Ciao Bello**, 5160 San Felipe at Sage Rd., 713-960-0333. Authentic Italian dining in a casual cozy atmosphere reminiscent of the Neapolitan countryside. Great bar. Tuscan staples like Italian Wedding soup and Osso Busco ravioli. Brunch, lunch and dinner, \$\$\$, 1 mile.

**Carrabba's**, 3115 Kirby Dr, 713-522-3131

The original. It's still family owned and operated and not part of the national chain. Old-world service and great homemade Italian cooking. A Houston landmark, recommended by HGPS members. \$\$

**Piatto Ristorante**, 4925 West Alabama, 713-871-9722. Owner, John Carrabba, created some of the menu from recipes passed through four Italian generations. Home style Italian with a happy hour from 3:00 – 6:00. Lunch and dinner weekdays, dinner only on weekends. \$\$, 2 blocks.

**Tony's**, 3755 Richmond, 713-622-6776. Naples influenced, Milan inspired, Houston cherished. Houston's destination for innovative fine dining. Where beautiful products meet finely tuned details. Lunch and dinner weekdays, dinner Saturday, \$\$\$\$ , 1.8 miles.

## SEAFOOD

**Liberty Kitchen and Oysterette**, 4224 San Felipe, 713-622-1010. Prides itself on its oyster, fresh seafood and whole fish display, showcasing the vastness of its seafood offering. Fresh shucked oysters, grilled and fried oysters and seafood towers. Brunch, lunch and dinner, \$\$\$, 1 mile.

**Truluck's Seafood, Steak and Crab House**

5350 Westheimer, 713-783-7270. Savor fresh crab, flown in daily from the Florida Keys, shellfish and fresh catch seafood or juicy prime steaks. Lunch and dinner daily except Sundays, dinner only, happy hour 4:00 – 6:00. \$\$\$, .5 miles.

## SOUTHWESTERN / MEXICAN

**Café Annie** 1800 Post Oak Blvd., 713-840-1111.

James Beard Award winning chef states that "a meal is a measure of its locality, the locality is Texas, specifically Houston." Where Texas barbecue and Mexican combine. Lunch and dinner weekdays, Saturday dinner: \$\$\$, .5 miles.

**Caracol Mexican Coastal Kitchen** 2200 Post Oak Blvd. #160, 713-622-9996. The menu is a culinary seafood tour along the Mexican coast starting with light items of seafood, moles and traditional dishes, to roasted short ribs, whole fish and roasted gulf oysters. Lunch and dinner, \$\$\$, .4 miles

## STEAKS

**Pappas Bros. Steak House** 5839 Westheimer, 713-780-7352. Classic steak house where in house aging is king producing perfect steaks. The leather booths are cushy, the service attentive and great wine list. Dinner only, \$\$\$\$ , 1.2miles.

**Capital Grill**, 5356 Westheimer, 713-623-4600.

This special occasion high end eatery touts dry aged hand cut steaks cut on the premises, the freshest seafood, creative sides and an acclaimed wine list. Dinner, \$\$\$\$ , .5 miles.

**Morton's**, 5000 Westheimer #190, 713-629-1946. Prime dry aged and custom cut steaks make this lovely special occasion spot claim "the best steak anywhere." Attentive wait staff. Weekdays, Lunch and Dinner, Weekends Dinner only, \$\$\$\$ , across the street from the Galleria, upstairs.

# Montrose/Museum District

(Approximately 6 miles from The Westin Galleria)

Dare to be different? The Montrose District, developed in 1911, is a pocket of eccentricity and diversity in the heart of Houston. From neon-lit tattoo parlors and 24-hour drive-thrus to tree-covered bungalows and quaint coffee shops. Spend an afternoon perusing Montrose's vast array of art galleries, eclectic boutiques, antique shops, unique eateries and "anything goes" atmosphere.

**Houston's Museum District** is an epicenter of art and culture with 19 cultural institutions, including Museum of Fine Arts Houston (nation's sixth largest art museum), Holocaust Museum (nation's fourth largest Holocaust Museum) and Museum of Natural Science (founded in 1909), nestled in picturesque Hermann Park. "The Houston Museum District Association is dedicated to collaborative efforts that maximize use of the artistic, scientific and educational resources of Houston Museum District institutions by all citizens of and visitors to Houston." For a more detailed listing of each location, please refer to <http://houmuse.org/>

## Art and Culture

### Art League Houston

1953 Montrose Blvd. (77006), 713-523-9530  
<http://www.artleaguehouston.org>

### Asia Society Texas Center

1370 Southmore Blvd. (77004), 713-496-9901  
<http://asiasociety.org/texas>

### Children's Museum of Houston

1500 Binz St. (77004), 713-522-1138  
<http://www.cmhhouston.org/>

### Contemporary Arts Museum Houston

5216 Montrose Blvd. (77006), 713-284-8250  
<http://camh.org/>

### Holocaust Museum Houston

9220 Kirby Dr., Suite 100 (77054), 713-942-8000  
<http://hmmh.org/>

### Museum of African American Culture

4807 Caroline St. (77004), 713-526-1015  
<http://hmaac.org/>

### Houston Museum of Natural Science

5555 Hermann Park Dr. (77030), 713-639-4629  
<http://www.hmns.org/>

### Lawndale Art Center

4912 Main St. (77002), 713-528-5858  
<http://www.lawndaleartcenter.org/>

### Rothko Chapel

3900 Yupon St. (77006), 713-524-9839  
<http://rothkochapel.org/>

### The Jung Center

5200 Montrose Blvd. (77006), 713-524-8253  
<http://junghouston.org/>

### The Menil Collection

1533 Sul Ross St. (77006), 713-525-9400  
<https://www.menil.org/>

### The Museum of Fine Arts Houston

1001 Bissonnet St. (77005), 713-639-7300  
<https://www.mfah.org/>

## Food

## CAFES/COFFEE SHOPS

### Brasil Cafe

2604 Dunlavy St. (77006), 713-528-1993  
Artsy Montrose coffeehouse with leafy green outside patio. \$\$ [cafe-brasil.net](http://cafe-brasil.net)

### Common Bond Cafe & Bakery

1706 Westheimer Road (77098), 713-529-3535  
Diverse selection of savory dishes, exceptional pastries and Viennoiseries and specialty coffees. \$ [commonbondcafe.com](http://commonbondcafe.com)

### Inversion Coffee House

1953 Montrose Blvd., Suite A (77006), 713-523-4866  
Artistically Inspired. Brewed to perfection. Great location. \$ [inversioncoffeehouse.com](http://inversioncoffeehouse.com)

## BARS/BAR AND GRILL

### Boheme

307 Fairview St. (77006), 713-529-1099  
Refurbished historical building surrounded by 6,000 sq. ft. garden. Bohemian, old world vibe. \$\$ [barboheme.com](http://barboheme.com)

### Max's Wine Dive

214 Fairview St. (77006), 713-528-9200  
Comfort food and boutique wines. \$\$\$ [maxswinedive.com](http://maxswinedive.com)

## ENGLISH PUBS

### The Black Labrador

4100 Montrose Blvd., Suite 8 (77006) 713-529-1199  
Authentic English Pub atmosphere serving traditional English fare and American dishes. \$\$ [blacklabradorpub.com](http://blacklabradorpub.com)

### Queen Vic

2712 Richmond Ave. (77098), 713-533-0022  
European comfort foods focusing on British and Indian inspired dishes. \$ [thequeenvicpub.com](http://thequeenvicpub.com)

## Indian:

### Indika

516 Westheimer Road (77006), 713-524-2170  
Innovative Indian food. \$\$\$ [indikausa.com](http://indikausa.com)

## HEALTHY/FARM-TO-TABLE

### Canopy

3939 Montrose Blvd. (77006), 713-528-6848  
Fresh and healthy fare in a trendy, casual setting including an outdoor patio. \$\$ canopyhouston.com

### Roost

1972 Fairview St. (77019), 713-523-7667  
The 50-seat cafe' in Montrose is a farm-to-table concept. \$\$ lloveroost.com

## ITALIAN

### Divino

1830 W. Alabama St. (77098), 713-807-1123  
Dimly lit, recently renovated, authentic Italian restaurant with homemade pastas. \$\$ divinohouston.com

### Da Marco

1520 Westheimer Road (77006), 713-807-8857  
Charming, cozy and superb sums up Marco Wiles' authentic fine-dining Italian restaurant. \$\$\$ damarcoghouston.com

## MEXICAN

### Hugo's

1600 Westheimer Road (77006), 713-524-7744  
Executive Chef Hugo Ortega brings authentic Mexican cooking to Houston in a Latin-inspired setting. \$\$\$ hugosrestaurant.net

### El Real Tex-Mex

1201 Westheimer Road (77006), 713-524-1201  
Classic Tex-Mex in Montrose's restored Tower Theatre. \$\$ elrealtexmex.com

## SPANISH

### BCN Taste & Tradition

4210 Roseland St. (77006), 832-834-3411  
True Spanish food prepared by a Barcelona star chef. \$\$\$ bcnhouston.com

## LGBTQ Houston

With the largest LGBTQ community in the state of Texas, and one of the largest in the South, Houston has a rich gay history and an abundance of social and philanthropic organizations. More info can be found at [mygayhouston.com](http://mygayhouston.com) and [houston.culturemap.com](http://houston.culturemap.com)

## RESTAURANTS

### Baba Yega

2607 Grant St. (77006), 713-522-0042 babayega.com

### Barnaby's

604 Fairview (the original!), (77006), 713-522-0106  
barnabyscafe.com

### Beaver's

6025 Westheimer Rd, (77006), 713-714 - 4111  
beavershouston.com

### Brasil Cafe

2604 Dunlavy St (77006), 713-528-1993  
Artsy Montrose coffeehouse with outside patio.  
cafe-brasil.net

## AMERICAN (NEW)

### Pax Americana

4319 Montrose Blvd. (77006), 713-239-0228  
Chef Adam Dorris offers an affordable small-plates menu of modernized American food. \$\$ paxamericanahouston.com

### Underbelly

1100 Westheimer Road (77006), 713-528-9800  
Underbelly is the perfect title for "The Story of Houston Food," as told by Chef Chris Shepherd. \$\$ underbellyhouston.com

### Bistro Menil

1513 W. Alabama St. (77006), 713-904-3537  
Bistro Menil, located on the lovely Menil Collection Museum campus, offers European-inspired, American fare. \$\$\$ bistromenil.com

## SEAFOOD

### Danton's Gulf Coast Seafood Kitchen

4611 Montrose Blvd. (77006), 713-807-8883  
A locally owned, casual yet fine dining Seafood and Steakhouse. \$\$\$ dantonsseafood.com

## ASIAN

### Uchi

904 Westheimer Road (77006), 713-522-4808  
Contemporary Japanese dining. \$\$\$ uchihouston.com

### Pepper Twins

315 Fairview St. (77006), 832-649-7175  
A cozy, Chinese restaurant offering mainstream Chinese food and Asian teas. \$ thecookinggirls.com

### Les Ba'get Vietnamese Cafe

1717 Montrose Blvd. (77006), 832-548-1080  
This modern, pint-size haunt serves traditional Vietnamese home cooking. \$ lesbaget.com

## BARS

### F Bar

202 Tuam St. (77006), 713-522-3227  
fbarhouston.com

### JR's

808 Pacific St. (77006), 713-521-2519  
jrbarandgrill.com

### Guava Lamp

570 Waugh Dr. (77019), 713-524-3359  
guavalamphouston.com

### Pearl Lounge

4216 Washington Ave. (77007), 832-740-4933  
pearlhouston.com



# Downtown/EaDo

Downtown Houston is known for its unique, award winning architecture, its dining, entertainment, and its theatre district, which is home to more theater seats than any city in North America outside New York City. East Downtown Management District, known as EaDo, was once home to Houston's Chinatown. It is now referred to as "the art-soul of the city." EaDo provides a diverse mix of restaurants, theatres, nightclubs and art galleries. *Please confirm the location of any venues as some of them have been relocated due to Hurricane Harvey.*

## LIVE MUSIC

### The House of Blues

1204 Caroline St. (77002), 832-667-7732

Houston's outpost of the music venue/restaurant  
[www.houseofblues.com/houston](http://www.houseofblues.com/houston)

### Revention Music Center

520 Texas Ave. (77002), 713-230-1600

Concerts, theater, comedy and more  
[www.reventionmusiccenter.com](http://www.reventionmusiccenter.com)

### Warehouse Live

813 Saint Emanuel St. (77003)

1920's era warehouse now a concert / event venue  
[www.warehouselive.com](http://www.warehouselive.com)

### Super Happy Funland

3801 Polk St.(77003), 713-880-2100

Experimental music, underground jazz, outsider art.  
[www.superhappyfunland.com](http://www.superhappyfunland.com)

## ART AND CULTURE

### Wortham Center

501 Texas (77002), 713-237-1439

Home to Houston Ballet and Houston Grand Opera  
[www.worthamcenter.org](http://www.worthamcenter.org)

### Alley Theatre

615 Texas (77002), 713-220-5700

One of the country's leading not-for-profit theaters. Tony Award recipient for Outstanding Regional Theatre  
[www.alleytheatreorg](http://www.alleytheatreorg)

### The Hobby Center

800 Bagby (77002), 713-315-2400

Home to national touring Broadway Musicals  
[www.thehobbycenter.org](http://www.thehobbycenter.org)

### Jones Hall

615 Louisiana (77002), 713-227-3974

Home of the Houston Symphony and the Society for Performing Arts  
[www.joneshall.org](http://www.joneshall.org)

### Esperson Gallery

1201 Fannin St., Suite 131 (77002), 713-412-1771

Works on canvas, cinema arts, photography, sculpture, and performance art  
[www.espersongallery.com](http://www.espersongallery.com)

### Talento Bilingüe de Houston

333 South Jensen, (77003)

Not-for-profit Latino Cultural Arts Center which has maintained a strong presence for 40+ years  
[www.tbhcenter.org](http://www.tbhcenter.org)

### Blue Box Theatre

2020 Leeland St. (77003), 713-515-5050

Offers a Vegas-style dinner and show with weekly theme nights  
[www.blueboxtheater.com](http://www.blueboxtheater.com)

## BARS AND STUFF

### 8th Wonder Brewery

2202 Dallas St. (77003), 713-229-0868

Craft beers – offers tours  
[8thwonderbrew.com](http://8thwonderbrew.com)

### The Wine Cellar

540 Texas Ave., (77002), 713-225-2400

Casual food and wine bar with a large outdoor patio  
[www.winecellarhouston.com](http://www.winecellarhouston.com)

### Hearsay Gastro Lounge

218 Travis St. (77002), 713-225-8079

Upscale-casual pub & New American eatery serving innovative drinks in an 1880s brick building. \$\$

## FOOD/RESTAURANTS

### The Original Ninfas on Navigation

2704 Navigation Blvd. (77003), 713-228-1175

Truly a Houston Original. High-energy scene known for great fajitas and a mix of traditional favorites and modern creations. \$\$

### Andes Cafe

2311 Canal St., Suite 104, (77009), 832-659-0063

Stylish spot for South American fare \$\$

### The Cajun Stop

2130 Jefferson St. (77003), 713-222-8333

A New Orleans native serves authentic po boys and other Louisiana favorites. \$\$

### Huynh

912 St Emanuel St. (77003), 713-224-8964

Family-owned, home-style Vietnamese, a Houston favorite. \$\$

### Phoenicia Specialty Foods Downtown

1001 Austin St. (77010), 832-360-2222

28,000-square-foot, state-of-the-art food market featuring more than 10,000 products imported from more than 50 countries. One-stop gourmet shop offers vast wine selection, bakery, prepared foods and MKT Bar.

### Moon Tower Inn American, Burgers

3004 Canal St.(77003), 832-969-1934

Updated ice house with 60 different craft beers on tap. Classic and newfangled hot dogs on homemade pretzel rolls. \$\$



# The Heights

The Heights, approximately 15 minutes/8 miles from the hotel, was described by a National Geographic Traveler as an area that “maintains a quirky sense of individuality” and “flourishes as a destination for foodies, architecture buffs and creative types.” The Heights was one of the earliest planned communities in Texas.

A stroll along **19th St.** offers an array of boutique shops, coffee houses, and restaurants, as well as the newly restored **Heights Theater (theheightstheater.com)**, where local and national performers entertain the community. Also in the Heights is the **White Oak Music Hall (whiteoakmusicall.com)** which features regional and national touring acts.

**Doug's Barbershop** on 11th St. was featured in the 1998 film *Rushmore*, directed by Wes Anderson.

While you're in the area, why not swing by and snap a selfie at the **We Love Houston sign** at 1816 Thompson St.?

## FOOD/RESTAURANTS

### Field & Tides

705 E 11th St. (77008), 713-861-6143

Locally sourced vegetables, pork, poultry, beef and game as well as Gulf seafood. The upscale casual restaurant is open for lunch and dinner daily with brunch served on Saturday and Sunday. [fieldsandtides.com](http://fieldsandtides.com) \$\$

### Ritual

602 Studewood St. (77008), 832-203-5180

From the Texas Gulf Coast and the South Texas Valley to the vast open spaces of the Hill Country, our inspiration comes from the local ranchers and farmers who raise grand livestock along with exceptional agriculture, helping our local communities and economy thrive. Our menu has been carefully crafted to be an expression of Texas, influenced by the diverse cultures and culinary styles that are held in such high esteem in our proud state of Texas. [ritualhouston.com](http://ritualhouston.com) \$\$

### Alice Blue

250 W 19th St. (77008), 713-864-2050

Alice Blue is a neighborhood restaurant and bar in the Houston Heights serving modern bistro cuisine based on classic European cooking techniques. Featuring a wine list that lies mostly in the old world with a focus on natural wines and a classic cocktail list, the bar/lounge area is a great place to meet friends or just stop in for a drink and a bite. [alicebluehouston.com](http://alicebluehouston.com) \$\$

### Urban Eats

3414 Washington Ave. (77007), 832-834-4417

Urban Eats is inspired by family culinary treasures, crafted in house, procured locally, and delivered in three innovative dining experiences; full service Bistro + Bar, fast-casual eatery, and gourmand market. [feasturbaneats.com](http://feasturbaneats.com) \$

### Southern Goods

632 W 19th St (77008), 346-980-8152

Southern Goods is a restaurant, bar, and host to live music located on 19th St. in the Houston Heights. Our menu is an interpretation of traditional meets modern Southern cuisine. Chefs have cultivated dishes that are familiar, yet new. As new avenues for Southern inspired plates present themselves, the menu changes. The portions are meant to be shared with the table, in true Southern fashion, or enjoyed alone as a personal dish. You'll want to try everything on the table. Be sure to order one of the signature cocktails or a craft beer from one of 24 taps. [southerngoodshouston.com](http://southerngoodshouston.com) \$\$

### Coltivare

3320 White Oak Dr. (77007), 713-637-4095

Briefly described as “a Heights Neighborhood Italian/American joint,” it's definitely worth a try! Great outdoor garden/eating area on a nice Houston evening. [coltivarehouston.com](http://coltivarehouston.com) \$\$

### KA Sushi

1901 N Shepherd Dr. (77008), 832-879-2118

KA Sushi refuses to define itself as either a drinking-focused izakaya or a fine Japanese restaurant. It straddles the line and insists on covering it all, with not only an extensive food menu but also a list of cocktails, Japanese whiskey, Scotch, cognac and other spirits that rivals those at Houston's better bars. [kasushi.com](http://kasushi.com) \$\$

# Houston Chinatown 欢迎

Houston, the fourth largest city in the United States, has the biggest Asian population in the South. There are many attractions in Houston Chinatown. Below is a list of Houston Chinatown attractions/restaurants and Asian attractions throughout Houston.

## CULTURE/ENTERTAINMENT

### Hong Kong City Mall (Hong Kong Supermarket)

11021 Bellaire Blvd. (77072)

The biggest Asian indoor mall in the southeastern US. Over two dozen restaurants and cafes and several dozen more offices and shops makes this place feel like a small city. The beautiful Asian architecture, colorful gardens, fountains filled with lily pads, and a enormous parking lot makes it a centerpiece for the Houston Asian community. Open 7 days a week.

### Jade Buddha Temple

6969 Westbranch Dr. (77072), 281-498-1616

Built in 1989, Jade Buddha Temple covers two-and-a-half acres in southwest Houston and consists of the Grand Hall, Kwan-Yin Hall, the Youth Activity Center, a library, a dining hall, several living quarters, and a lotus pond with a statue of Kwan-Yin as its centerpiece. In addition to serving the religious and spiritual needs of its members, the Temple functions as a Buddhist study and research center for many different educational institutions, including Rice University, University of Houston, the University of Texas, and St. John's School.

## RESTAURANTS

### Dim Sum at Ocean Palace

11215 Bellaire Blvd. (77072)

This two-story palace with a sweeping entrance overlooking the Hong Kong City Mall's lily pad pond with fountains is a big food attraction in Chinatown. Inside you can expect tidy banquet-style decor, magnificent chandeliers, and Asian-themed decorations. Dim sum is served daily, but Sunday is the busiest day of the week.

### MAMAK- Malaysian cuisine

9889 Bellaire Blvd. Ste D238, (77036)

Roti appetizers, seafood & rice dishes are some of the offerings at this mod Malaysian eatery. \$\$

### Kim Son Buffet

10603 Bellaire Blvd. (77072) Family-friendly chainlet serving a seemingly endless array of traditional Vietnamese & Chinese fare. \$\$

### FuFu Cafe

9889 Bellaire Blvd. #105 (77036) This compact, bare-bones Chinese eatery is known for its soup dumplings. \$\$

### Tan Tan--Vietnamese/Chinese food

6816 Ranchester Dr. (77036) Variety of Chinese-Vietnamese dishes & hot pot items served late-night in a bustling atmosphere. \$\$

### Banana Leaf-Malaysian place

9889 Bellaire Blvd. #311 (77036) Small eatery serving a large menu of traditional Malaysian cuisine in a warm, high-ceilinged space. \$\$

### Jasmine Asian Cuisine

9938 Bellaire Blvd. (77036) Comfortable, contemporary Vietnamese restaurant dishing a broad menu of favorites & lunch specials. \$\$

### East Wall Chinese Rest

9889 Bellaire Blvd. #301, (77036) Quaint Cantonese eatery boasting classic decor & cuisine, including Peking duck & walnut shrimp. \$\$

### Chez Beniget

10623 Bellaire Blvd. # C100, (77072) Chicory coffee, espresso drinks & homemade beignets whipped up in quaint quarters. \$

### One Dragon Restaurant

9310 Bellaire Blvd. (77036) Compact, straightforward eatery featuring traditional Shanghai-style Chinese cuisine. \$

### Fungs Kitchen

7320 Southwest Fwy #115 (77074) Weekend dim sum & fresh-from-the-tank seafood accompany a vast menu of familiar Chinese dishes. \$\$

# All Things Texas!

## RODEO



The Houston Livestock Show and Rodeo™, the largest livestock exhibition and rodeo in the world, promotes agriculture by providing a family-friendly live entertainment experience that educates the public, supports Texas youth, and showcases Western heritage. The rodeo is held at NRG Stadium and features championship rodeo action, livestock competitions, concerts, a carnival, pig racing, barbecue and the Rodeo Uncorked! International Wine Competition, shopping, sales and livestock auctions. The Rodeo runs from Feb. 27th - Mar. 18th For more information, visit [rodeohouston.com](http://rodeohouston.com), and plan a Texas style outing!

## BARBECUE

Houston is home to many amazing barbecue joints. Some of the most highly rated are listed below. Some are quite a distance from the hotel but have been provided for the true bbq lover.

### The Pit Room

1201 Richmond St. (77006), 281-888-1929  
<http://www.thepitroombbq.com/>

### Jackson St. Barbecue

209 Jackson St. (77002), 713-224-2400  
<http://jacksonstbbqhouston.com/>

### Corkscrew

26608 Keith St. (77373), 832-592-1184  
<https://www.corkscrewbbq.com/>

### Killen's BBQ

3613 E. Broadway, Pearland (77581), 281-485-2272  
Considered among the best Barbecue in the US.  
<https://www.killensbarbecue.com/>

### Gatlin's BBQ

3510 Ella Blvd. (77018), 713-869-4227  
<http://www.gatlinsbbq.com/>

### Goode Company Barbecue

5109 Kirby Dr. (77098), 713-522-2530  
<https://www.goodecompany.com/>

## More to Explore In Houston



For sports events and discount tickets to various venues, please check out website at [HGPS.org/connect18](http://HGPS.org/connect18)

## Outdoor Activities

### Houston Zoo

Within Hermann Park and near the Museum District – 5.9 miles from hotel [houstonzoo.org](http://houstonzoo.org)

### Hermann Park

6001 Fanin St. – 6.4 miles from hotel

### Memorial Park

Excellent park for jogging and biking (Rentals via Memorial Park Bicycle Rentals) – 5.0 miles from hotel [www.buffalobayou.org/visit](http://www.buffalobayou.org/visit)

### Discovery Green

A park in the middle of downtown – 8.5 miles from hotel [www.discoverygreen.com](http://www.discoverygreen.com)

## Tours

### Buffalo Bayou Boat Tours

Check website for specific tours.- 6.3 miles from hotel [www.BuffaloBayou.org/visit](http://www.BuffaloBayou.org/visit)

## TACOS

Tacos are another staple of Houston food culture. If you love good street food, check out these awesome establishments.

### Torchy's Tacos

2400 Times Blvd (77005) 713-487-0067  
<https://torchystacos.com/>

### Velvet Taco (near Heights)

4819 Washington Ave. (77007) 832-834-5908  
[velvettaco.com/houston](http://velvettaco.com/houston)

### Eight Row Flint

1039 Yale St. (77008), 832-767-4002  
Bar & great tacos (Heights) [eighthrowflint.com](http://eighthrowflint.com)

## BEST SPOTS TO TWO-STEP

### Firehouse Saloon

5930 Southwest Freeway (77057), 281-513-1995  
[firehousesaloon.com](http://firehousesaloon.com)

### Goode's Armadillo Palace

5015 Kirby (77098), 713-526-9700  
<http://thearmadillopalace.com/>

### Rebel's Honky Tonk

5002 Washington (77007), 281-851-5224  
[rebelshouston.com](http://rebelshouston.com)

## Day Trips Outside of Houston

### Johnson Space Center (NASA)

10-5, 7days/wk, hours subject to change  
Especially interesting for latency age kids and teens – 33.9 miles from hotel [SpaceCenter.org](http://SpaceCenter.org)

### Kemah Boardwalk

Carnival rides, water feature, shopping, casual dining, and the Aquarium Restaurant – 41.5 miles from hotel [kemahboardwalk.com](http://kemahboardwalk.com)

### Galveston

Shopping on The Strand, beaches, Pleasure Pier (carnival rides) and the Gulf of Mexico. Approx. 59 miles from hotel. [www.Galveston.com](http://www.Galveston.com)

### Moody Gardens

Many family-fun exhibits, 3D movie theaters, aquarium. 59 miles from hotel, in Galveston.  
[moodygardens.com](http://moodygardens.com)

**Again, welcome to Houston.  
Enjoy all our great city has to offer.**

**For sports events, discount tickets to  
various venues and an expanded guide  
to restaurants and entertainment, visit  
us online at [HGPS.org/connect18](http://HGPS.org/connect18).**

**While you're here, we hope you'll stop  
by our Hospitality Booth if you need  
any assistance or just to say hello.**



*Brochure design services provided by our friends at  
[levymarketing.com](http://levymarketing.com)*