FOR IMMEDIATE RELEASE

AGPA RELEASES NEW TRAINING VIDEO WITH DR. JUDITH COCHÉ

NEW YORK, June 23, 2014 – The American Group Psychotherapy Association announced the availability of a new and innovative training DVD with Judith Coché, PhD, ABPP, CGP, LFAGPA: *The Power Of Couples Group Psychotherapy*.

This DVD teaches mental health professionals how to use couples group psychotherapy in clinical settings. Working with colleagues acting the parts of group members, this entertaining and fascinating DVD draws you into the story of four couples and the first hour of their treatment with Dr. Coché. Watching this DVD gives clinicians needed tools to successfully lead small groups of clients who want to rebuild troubled intimate partnerships and create lifelong coupled satisfaction. This DVD is also useful in training work with couples and groups in academic and professional settings.

*The Power of Couples Group Psychotherapy* gives mental health professionals increased understanding and skills in:

- Incorporating group and couples psychotherapy to lead clinically effective couples psychotherapy groups;
- Structuring dynamic interventions for members, couples and groups;
- Helping clients see connections between their behavior, their thoughts and their feelings.

Featured presenter and developer of the DVD Dr. Judith Coché is a recognized expert in couples and group therapy. She is the founder and director of The Coché Center, L.L.C. where she has dedicated her career to improving the lives of individuals, couples, and families with children, adolescents, and adults. She is a Fellow of the American Group Psychotherapy Association and a Clinical Supervisor with the American Association of Marriage and Family Therapy as well as a Clinical Professor at the Medical School at the University of Pennsylvania. She has written extensively on couples group therapy and appeared on numerous national and local radio and television shows, including The Today Show, Good Morning America and The Oprah Winfrey Show. Interviews about her work have appeared locally and nationally in newspapers and magazines such as The New York Times, The Wall Street Journal, Time Magazine, Philadelphia Magazine, and Harper's Bazaar as well as featured in the book *The Husbands & Wives Club: A Year in the Life of A Couples Psychotherapy Group* by Laurie Abraham.
“This training DVD is a valuable addition to AGPA’s inventory of group psychotherapy training tools,” said Les Greene, Ph.D., CGP, FAGPA, AGPA President. “Working with couples in groups to help them develop healthy, fulfilling relationships is a specialized skill; this DVD teaches that skill thoroughly and masterfully.”

To purchase this DVD, please visit the AGPA Online Store via our website at www.agpa.org. For more information on this publication and training opportunities, please contact Diane Feirman, CAE, at 877-668-AGPA (2472) or via e-mail at dfeirman@agpa.org.

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**About AGPA**

The American Group Psychotherapy Association is the foremost professional association dedicated to the field of group psychotherapy, operating through a tri-partite structure: AGPA, a professional and educational organization; the Group Foundation for Advancing Mental Health, its philanthropic arm; and the International Board for Certification of Group Psychotherapists, a standard setting and certifying body. This multidisciplinary association has approximately 2,500 members, including psychiatrists, psychologists, social workers, nurses, clinical mental health counselors, marriage and family therapists, pastoral counselors and creative arts therapists, many of whom have been recognized as specialists through the Certified Group Psychotherapist credential. The association has 26 local and regional societies located across the country. Its members are experienced mental health professionals who lead psychotherapy groups and various non-clinical groups. Many are organizational specialists who work with businesses, not-for-profit organizations, communities and other "natural" groups to help them improve their functioning.

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