



AMERICAN GROUP
PSYCHOTHERAPY ASSOCIATION
GROUP FOUNDATION
FOR ADVANCING MENTAL HEALTH
INTERNATIONAL BOARD FOR
CERTIFICATION OF GROUP
PSYCHOTHERAPISTS

25 East 21st Street
Sixth Floor
New York
New York 10010
877.668.AGPA (2472)
www.agpa.org

Media Contact:

Diane C. Feirman, CAE
877.668.AGPA (2472)
dfeirman@agpa.org

FOR IMMEDIATE RELEASE

AMERICAN GROUP PSYCHOTHERAPY ASSOCIATION ANNOUNCES NEW WEB RESOURCE PAGE “EVIDENCE-BASED PRACTICE IN GROUP PSYCHOTHERAPY”

NEW YORK, November 1, 2015 - The American Group Psychotherapy Association announced the publication of “[Evidence-Based Practice in Group Psychotherapy](#)” a new web resource for practitioners and consumers of group therapy services that provides an overview of the effectiveness of group psychotherapy for a range of problems and disorders.

Developed under the auspices of the Science to Service Task Force, a blue ribbon panel of clinical and research experts in the field of group psychotherapy, chaired by Philip J. Flores, Ph.D., ABPP, CGP, LFAGPA, Robert H. Klein, Ph.D., ABPP, CGP, DLFAGPA and Rebecca MacNair-Semands, Ph.D., CGP, FAGPA, the site provides concise information on areas of group practice that have indisputably strong, and current, supporting evidence. The inclusion of highlights, narrative summaries and supporting references in each section, along with an organization by disorder, provide a thorough yet highly accessible set of resources for professionals and the public.

The areas included are as follows:

[Anxiety Disorders](#)

[Bulimia/Eating Disorders](#)

[Medical and Health Issues/Cancer/Weight](#)

[Loss/Coronary Care](#)

[Mood Disorders, including Depression and](#)

[Complicated Grief](#)

[Personality Disorders](#)

[Schizophrenia/Psychosis](#)

[Stress/Anger Management](#)

[Substance Use Disorders](#)

[Trauma/PTSD](#)

“This web section is another example of the valuable resources provided to clinicians and the public by AGPA,” said Les Greene, Ph.D., CGP, LFAGPA, AGPA President. “It clearly communicates the value of group psychotherapy in general and for various diagnostic categories and populations.”

Our appreciation goes to the authors and editors who contributed their time and expertise in the development of this highly valuable resource:

Sally Barlow, Ph.D., ABPP, ABGP, CGP
Gary Burlingame, Ph.D., CGP, FAGPA
Diane Feirman, CAE
Les Greene, Ph.D., CGP, LFAGPA
Anthony Joyce, Ph.D.
Francis Kaklauskas, Psy.D., CGP, FAGPA
Jacqueline Kinley, M.D.
Robert Klein, Ph.D., ABPP, CGP, DLFAGPA

Joseph Kobos, Ph.D., ABPP, LFAGPA
Molyn Leszcz, MD, FRCPC, CGP, DFAGPA
Rebecca MacNair-Semands, Ph.D., CGP,
FAGPA
Jill Paquin, Ph.D.
Giorgio Tasca, Ph.D.
Martyn Whittingham, Ph.D., CGP

Citation of the section in research papers is encouraged as follows:

Barlow, S., Burlingame, G.M., Greene, L.R., Joyce, A., Kaklauskas, F., Kinley, J., ... & Feirman, D. (2015). Evidence-based practice in group psychotherapy [American Group Psychotherapy Association Science to Service Task Force web document]. Retrieved from <http://www.agpa.org/home/practice-resources/evidence-based-practice-in-group-psychotherapy>.

Along with the diagnostic-specific information, the web section also includes Gary M. Burlingame, Bernhard Strauss and Anthony S. Joyce's "Change Mechanisms and Effectiveness of Small Group Treatments" which appears in the Bergin and Garfield Handbook of Psychotherapy and Behavior Change edited by Michael J. Lambert, © 2013 and is reproduced with permission of John Wiley & Sons, Inc. This highly valuable textbook chapter rounds out the evidence-based resource section with in-depth research supporting group therapy in general.

For more information on these and other group therapy resources, contact AGPA at (212) 477-2677 or visit our website at www.agpa.org

About AGPA

The American Group Psychotherapy Association is the foremost professional association dedicated to the field of group psychotherapy, operating through a tri-partite structure: AGPA, a professional and educational organization; the Group Foundation for Advancing Mental Health, its philanthropic arm; and the International Board for Certification of Group Psychotherapists, a standard setting and certifying body. This multidisciplinary association has approximately 2,500 members, including psychiatrists, psychologists, social workers, nurses, clinical mental health counselors, marriage and family therapists, pastoral counselors and creative arts therapists, many of whom have been recognized as specialists through the Certified Group Psychotherapist credential. The association has 26 local and regional societies located across the country. Its members are experienced mental health professionals who lead psychotherapy groups and various non-clinical groups. Many are organizational specialists who work with businesses, not-for-profit organizations, communities and other "natural" groups to help them improve their functioning.

#