



AMERICAN GROUP  
PSYCHOTHERAPY ASSOCIATION  
GROUP FOUNDATION  
FOR ADVANCING MENTAL HEALTH  
INTERNATIONAL BOARD FOR  
CERTIFICATION OF GROUP  
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## FOR IMMEDIATE RELEASE

### GROUP FOUNDATION FOR ADVANCING MENTAL HEALTH ANNOUNCES AVAILABILITY OF RESEARCH GRANTS TO STUDY GROUP THERAPY

**NEW YORK, October 14, 2016** – The Group Foundation for Advancing Mental Health announced that funds are available from the Group Foundation to support research in the field of group psychotherapy. Grants of up to \$15,000 are awarded, depending upon the importance of the research to the field, the experience of the investigative team, and the number of research applications received. The Group Foundation is seeking research-focused, rather than program-focused, applications that are designed to broaden the available body of knowledge in evidence-based group psychotherapy clinical practice.

Projects funded in the past include:

- “Rating Defense Mechanisms From Adult Attachment Interviews: A Randomized Control Trial of Group Therapy for Binge-Eating Disorder”
- “Effectiveness of a Resilience-Based Group Therapy Program in a School Setting.”
- “Efficacy of a Therapeutic Group Parenting Model on Adopted Children’s Behavior Problems, Stress in the Parent-Child Relationship, and Parent’s Empathic/ Attachment Behavior with Their Children.”
- “Moms Growing Together (MGT): Testing Psychodrama and Peer Support for Teen Moms.”
- “Complicated Grief in Survivors of Suicide: An Evaluation of the Treatment Effectiveness of Complicated Grief Group Therapy.”

“The Group Foundation is dedicated to supporting the advancement of evidenced based group interventions,” said Karen S. Travis, LCSW, BCD, CGP, FAGPA, Chairwoman of the Group Foundation. “As part of this mission it is pleased to be able to support research that demonstrates the effectiveness of group therapy for a variety of patient populations and diagnoses.”

The deadline for receipt of grant applications is **November 1, 2016**. Email submission is required and should be sent to the attention of the Group Foundation at [dfeirman@agpa.org](mailto:dfeirman@agpa.org). The application and other relevant information may be found on the AGPA website at <http://www.agpa.org/Foundation/research-grants>. For more information please contact Diane Feirman, CAE, at (212) 477-2677 or via e-mail at [dfeirman@agpa.org](mailto:dfeirman@agpa.org) or visit our website at [www.agpa.org](http://www.agpa.org).

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### *About AGPA and the Group Foundation*

The American Group Psychotherapy Association is the foremost professional association dedicated to the field of group psychotherapy, operating through a tri-partite structure: AGPA, a professional and educational organization; the Group Foundation for Advancing Mental Health, its philanthropic arm; and the International Board for Certification of Group Psychotherapists, a standard setting and certifying body. This multidisciplinary association has approximately 2,500 members, including psychiatrists, psychologists, social workers, nurses, clinical mental health counselors, marriage and family therapists, pastoral counselors and creative arts therapists, many of whom have been recognized as specialists through the Certified Group Psychotherapist credential. The association has 26 local and regional societies located across the country. Its members are experienced mental health professionals who lead psychotherapy groups and various non-clinical groups. Many are organizational specialists who work with businesses, not-for-profit organizations, communities and other "natural" groups to help them improve their functioning.

The Group Foundation for Advancing Mental Health is a philanthropic organization that is committed to the fact that "Groups Change Lives" and believes in the power of group interventions to improve people's quality of life. The Group Foundation supports group psychotherapy education, research, training, and information dissemination for the benefit of the public and professional communities. Among the Foundation's most vital roles is the recognition of excellence, promise, and vision by honoring those individuals and groups who have demonstrated these qualities with awards and scholarships.

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