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FOR IMMEDIATE RELEASE

COURSES PROVIDE INTENSIVE TRAINING IN GROUP INTERVENTIONS AT THE AGPA ANNUAL TRAINING IN NEW YORK, NY, FEBRUARY 28- MARCH 5, 2011

NEW YORK, Dec. 14, 2010— The American Group Psychotherapy Association's (AGPA) 68th Annual Training in New York, NY, Feb. 28- March 5, 2011 at the Sheraton New York Hotel & Towers offers a unique opportunity for in-depth training on a variety of cutting-edge areas in the field of group psychotherapy. One- and two-day courses on specific areas provide an intensive experience for clinicians looking to gain expertise in particular topical areas.

“The unique needs of clients combined with limited time in today’s fast-paced world make it important for professionals to come away from trainings with in-depth knowledge,” said Jeffrey Kleinberg, Ph.D., CGP, FAGPA, AGPA President. “AGPA’s courses make this possible for the clinicians who attend our Annual Training.”

A sound basis in general group skills is essential to effectively work in this growing field of mental health treatment. The following courses are designed to provide overviews on groups in general:

- **Principles of Group Psychotherapy:** A keystone of group therapy education, this course is a must-attend for anyone who is planning on leading groups. It provides a basic understanding of the theory, principles and application of group work – and is the first step to becoming a Certified Group Psychotherapist.

Directors:

Nancy Fawcett, MA, CGP, *Private Practice, Los Angeles, California*

Keith Rand, MA, CGP, *Private Practice, Los Angeles, California*

- **Cognitive-Behavioral Group Therapy:** This course examines practical steps and skills for designing thematic-based CBT groups as well as explores a cutting-edge trend in CBT group therapy- to converge and integrate interpersonal, cognitive-behavioral and psychodynamic models.

Director: Greg Crosby, MA, LPC, CGP, *Clinical Program Coordinator, Kaiser Permanente (Mental Health), Portland, Oregon*

Diverse societies in complicated times have increasingly challenging social issues, which inevitably present themselves in groups. The following courses will help clinicians address them in ways which will benefit their clients clinically and in their communities.

- **Islamophobia in a Post 9/11 World: Addressing General Insecurity and Mitigating Harm to Muslims, Sikhs and “Anyone Appearing Muslim”:** This course highlights group interventions for transforming the general insecurity that manifests as Islamophobia and bolstering the resiliency of communities that are victim to it.

Director: Siddharth Ashvin Shah, MD, MPH, President, Greenleaf Integrative Strategies, Arlington, Virginia

Faculty:

Cindy Miller Aron, MSW, CGP, Mental Health Specialist, Samaritan Mental Health, Corvallis, Oregon

Razia Kosi, LCSW-C, Cultural Proficiency Specialist, Howard County Public Schools, Ellicott City, Maryland

Nina Thomas, Ph.D., ABPP, CGP, Adjunct Clinical Associate Professor, NYU Postdoctoral Program in Psychotherapy and Psychoanalysis, New York, New York

- **The Social Unconscious: Beyond Individuals and Groups:** This course will identify elements of the social unconscious in various cultures and explore its application to individual and group therapy in order to enhance clinical work and community relations.

Director: Earl Hopper, PhD, CGP, FAGPA, Private Practice, London, England

Panelists:

Jorge Burmeister, MD, Private Practice, Granada, Spain

Dieter Nitzgen, MA, Private Practice, Heidelberg, Germany

Juan Tubert-Oklander, PhD, Private Practice, Mexico City, Mexico

Roundtable Leaders: Sue Einhorn, BA, CQSW; Robi Friedman, PhD; Priscilla Kauff, PhD, CGP, DFAGPA; Helena Klimova, PhD; Marina Mojovic, MD, MA; Carla Penna, MA; Regine Scholz, PhD; Haim Weinberg, PhD, CGP, FAGPA

In the past few years, we have seen tragic and traumatic experiences around the globe, including terrorist attacks and other acts of violence, natural disasters and military conflicts. Group therapists can respond to the needs of the public as well as active military, veterans and their families through the following course:

- **Using Groups for Trauma Intervention:** Using the AGPA publication, *Public Mental Health Service Delivery Protocols: Group Interventions for Disaster Preparedness and Response*, this course will teach techniques in working with specific populations following traumatic events, including individual witnesses and survivors, first responders and military, organizations, children, adolescents and families, as well as self-care for helpers.

Directors:

Robert Klein, Ph.D., ABPP, CGP, DFAGPA, Clinical Associate Professor of Psychiatry, Yale University School of Medicine, New Haven, Connecticut

Suzanne Phillips, PsyD, ABPP, CGP, FAGPA, Adjunct Clinical Professor, Long Island University, New York

Faculty:

Richard Beck, RCSW, BCD, CGP, FAGPA, Adjunct Clinical Professor, Fordham University, New York, New York

Giovanna Cantarella, PhD, CGP, FAGPA, *Faculty, Coirag Psychotherapy School, IPA, Italy*
Alfred Garwood, MB, ChB, LRCP, MRCS, MInstGA, *Honorary Treasurer of the Group Analytic Society & Co-Founder of the Foundation For Holocaust Survivors, London, England*

Dianne Kane, DSW, LCSW, CGP, *Assistant Director, Counseling Unit-FDNY, New York, New York*
Maureen M. Underwood, MSW, ACSW, CGP, *Clinical Director, The Society for the Prevention of Teen Suicide, Trenton, New Jersey*

Fernando Valadez, MD, *Mental Health Consultant and Advisor for NGO against Torture and Intercontinental University, Mexico City, Mexico*

Social forces today impact couples of all sexes and orientations in their intimate relationships. The following course builds upon last year's popular public event in addressing these issues:

- **Mating in Captivity: Reconciling Attachment Security and Sexuality in Couples:** Provides a multicultural take on relationship techniques that address the tension between two fundamental human needs of security and adventure.

Director: Esther Perel, MA, MFT, *Private Practice, Interaction Associates, New York, New York*

Addressing issues of progress and feedback in groups is increasingly recognized as a benefit to therapists and their clients. The following courses are designed to help clinicians in this arena:

- **Training in Group Psychotherapy Supervision:** Supervision is a critical ingredient in developing and maintaining psychotherapeutic skills, as well as a form of self-care. This course provides an understanding of the principles and application of group psychotherapy supervision.

Director: Hylene Dublin, MSW, LICSW, CGP, FAGPA, *Private Practice and Consultation, Wilmette, Illinois*

Faculty:

Elaine Jean Cooper, MSW, CGP, FAGPA, *Private Practice, San Francisco, California*

David Hawkins, MD, CGP, DFAGPA, *Private Practice, The Group For Psychotherapy, Chapel Hill, North Carolina*

- **Experiencing a Practice-Based Evidence Group: It's Even Less Scary Than Before:** Learn to track the therapeutic properties of your groups, including an experiential aspect demonstrating how results can benefit group members and leaders.

Director: Thomas Golightly, PhD, *Assistant Clinical Professor, Counseling and Career Center, Provo, Utah*

Faculty:

Mark Beecher, PhD, *Clinical Professor, Counseling and Career Center Brigham Young University, Provo, Utah*

Gary Burlingame, PhD, *Professor of Psychology, Brigham Young University, Provo, Utah*

Robert Gleave, PhD, ABPP, CGP, *Clinical Professor, Counseling and Career Center Brigham Young University, Provo, Utah*

Dallas Jensen, PhD, *Assistant Clinical Professor, Counseling and Career Center, Provo, Utah*

These training courses are a highlight of the AGPA's 2011 Annual Training in New York City. Entitled "Group as a Source of Resilience and Change," this meeting attracts more than 1,000 group therapists, researchers and scientists from around the world. Group therapists of all disciplines will gather to learn the most effective techniques in working with a variety of populations in groups, an increasingly utilized modality due to its effectiveness and cost-effectiveness, particularly in today's economic climate. The theme reflects the

meeting's emphasis on the power of groups to effect change that contributes to societal strength and well-being. For more information, contact AGPA at (877) 668-AGPA (2472) or visit www.agpa.org.

EDITOR'S NOTE: Media are invited to attend other select sessions of the AGPA 2011 Annual Training. To register, please send an e-mail request to dfeirman@agpa.org or call 877.668.2472.

About AGPA

The American Group Psychotherapy Association is the foremost professional association dedicated to the field of group psychotherapy, operating through a tri-partite structure: AGPA, a professional and educational organization; the Group Psychotherapy Foundation, its philanthropic arm; and the National Registry of Certified Group Psychotherapists, a standard setting and certifying body. This multidisciplinary association has approximately 3,000 members, including psychiatrists, psychologists, social workers, nurses, clinical mental health counselors, marriage and family therapists, pastoral counselors and creative arts therapists, many of whom have been recognized as specialists through the Certified Group Psychotherapist credential. The association has 31 local and regional societies located across the country. Its members are experienced mental health professionals who lead psychotherapy groups and various non-clinical groups. Many are organizational specialists who work with businesses, not-for-profit organizations, communities and other "natural" groups to help them improve their functioning.

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