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FOR IMMEDIATE RELEASE

**AGPA RELEASES NEW TRAINING VIDEO WITH IRVIN YALOM AND MOLYN LESZCZ:
*GROUP THERAPY: A LIVE DEMONSTRATION***

NEW YORK, May 3, 2011 — The American Group Psychotherapy Association announced the availability of a new and innovative training video featuring Irvin Yalom, M.D. and Modyn Leszcz, M.D., CGP, FAGPA – *Group Therapy: A Live Demonstration*.

This video captures a historic presentation at the American Group Psychotherapy Association Annual Meeting, featuring two demonstration groups led by Dr. Leszcz, based on characters from Dr. Yalom's popular novel *The Schopenhauer Cure*, which exemplify the core techniques in Yalom's interpersonal model of group psychotherapy. Commentary from Drs. Yalom and Leszcz on the group's dynamics and leader interventions rounds out the training experience in this one of a kind video that mirrors Yalom's teaching novels in its partnering of clinical information and entertainment. It provides a deeper understanding of the theory and practice of the interpersonal approach in which process and the here-and-now are central to group leadership.

The featured presenters are central figures in the field of group psychotherapy.

Irvin Yalom, MD, DFAGPA is a psychiatrist and author and has been a major figure in the field of psychotherapy since he first wrote *The Theory and Practice of Group Psychotherapy* in 1970 (now in its 5th edition). Other significant contributions have included *Existential Psychotherapy*, *Inpatient Group Psychotherapy*, and NY Times Bestseller *Love's Executioner and Other Tales of Psychotherapy*. He has written three novels on psychotherapy: *When Nietzsche Wept*, *Lying on the Couch*, and *The Schopenhauer Cure*, and released his latest work, *Staring at the Sun*, on death anxiety in January 2008. His works, translated into over 20 languages, have been widely read by therapists and non-therapists alike.

Modyn Leszcz, MD, CGP, FAGPA is the Psychiatrist-in-Chief at Mount Sinai Hospital and Professor and Head of the Group Psychotherapy Program, Department of Psychiatry, University of Toronto. Dr. Leszcz co-chaired the American Group Psychotherapy Association's Science to Service Task Force, the working group that published AGPA's Clinical Practice Guidelines for Group Psychotherapy in 2007. He has been awarded Fellowship in the Canadian Group Psychotherapy Association, and has been the recipient of a number of teaching awards at the University of Toronto. Dr. Leszcz has co-authored with Dr. Irvin Yalom the 5th edition of *The Theory and Practice of Group Psychotherapy*.

"This training video captures a central tenet of training in AGPA – learning by actually seeing what happens during a group in action," said Jeffrey Kleinberg, Ph.D., CGP, FAGPA, AGPA President. "The fact that it is being led by Master Therapist Modyn Leszcz and commented upon by Irv Yalom, a legend in the field, makes it a must have for anyone interested in how group therapy works."

This training tool is available for individual use as well as an institutional version for training purposes. It can be purchased through Psychotherapy.net at <http://www.psychotherapy.net/video/group-therapy>. For more information on this video and training opportunities, please contact Diane Feirman, CAE, at 877-668-AGPA (2472) or via e-mail at dfeirman@agpa.org.

About AGPA

The American Group Psychotherapy Association is the foremost professional association dedicated to the field of group psychotherapy, operating through a tri-partite structure: AGPA, a professional and educational organization; the Group Psychotherapy Foundation, its philanthropic arm; and the National Registry of Certified Group Psychotherapists, a standard setting and certifying body. This multidisciplinary association has over 3,000 members, including psychiatrists, psychologists, social workers, nurses, clinical mental health counselors, marriage and family therapists, pastoral counselors and creative arts therapists, many of whom have been recognized as specialists through the Certified Group Psychotherapist credential. The association has 31 local and regional societies located across the country. Its members are experienced mental health professionals who lead psychotherapy groups and various non-clinical groups. Many are organizational specialists who work with businesses, not-for-profit organizations, communities and other "natural" groups to help them improve their functioning.

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