Two-Day Institute:
Saturday-Sunday,
February 13-14

Special Institute:
Friday, February 19

Three-Day Conference:
Thursday-Saturday
February 25-27
A GPA Connect 2021 will be held virtually and will provide participants from diverse clinical disciplines the opportunity to advance their knowledge, skills, and training in group psychotherapy and related fields. The AGPA Connect virtual experience includes the development of new clinical approaches, refinement of therapeutic methods, exchange of clinical and empirical knowledge with colleagues, exposure to current research and theory, and the opportunity to participate in a multidisciplinary peer support network.

AGPA Connect is divided into three sections: the Two-Day Institute (Saturday-Sunday, February 13-14) devoted to small group teaching primarily in the experiential mode, the One-Day Special Institute (Friday, February 19) taught by prominent clinicians, and the Three-Day Conference (Thursday-Saturday, February 25-27) which offers a variety of formats, including limited registration workshops as well as open session panels on special topics and original scientific paper sessions.

Who Should Attend?
Mental health professionals who have an interest in and/or currently work with groups who wish to be kept abreast of new developments and to expand the scope of their clinical practices.

Why Should You Attend?
• World-renowned faculty are available to instruct, challenge, and inspire you.
• Earn over 35 continuing education credits in your affiliated discipline.
• Learn valuable, proven strategies, and clinical techniques that can be used immediately.
• Access a full menu of diversified offerings designed to sharpen your knowledge and skills.
• Take advantage of time away from the day-to-day pressures of work. You’ll return refreshed, stimulated, and reinvigorated — and ready for new challenges ahead.
• Create cherished memories while strengthening your professional expertise.

What You Will Learn!
After participating, attendees will be able to:
1. Identify, review, and integrate basic group dynamic concepts into their group practice;
2. Compare the theoretical underpinnings of various schools of group therapy;
3. Conduct groups in a variety of settings with a broad range of populations;
4. Apply evidenced-based practices as they relate to group therapy.

How to Register!
An online registration form is available on the AGPA website, agpa.org. You may also register by mail, fax, phone, and email. To mail: complete the registration form on the back cover, and mail it along with your payment to AGPA c/o Chase Manhattan Bank, Church Street Station, P.O. Box 6359, New York, NY 10249-6359. Fax your form including credit card information to 212-979-6627. Phone registration is available by calling toll-free 877-668-AGPA (2472) or 212-477-2677. You may also email us at registration@agpa.org.

What to look for inside... We have an exciting line-up of speaker presentations:

Institute Plenary
◆ Alexis Abernethy, PhD, CGP, FAGPA will present the Opening Institute Plenary Address entitled, “Finding Home in an Unprecedented and Online World.”

Two Special Institute Presentations
◆ Aaron Black, PhD, CGP, FAGPA will present “Treating Insecure Attachment in Group Psychotherapy.”
◆ Zindel Segal, PhD will present “Mindfulness-Based Cognitive Therapy: Distinct and Overlapping Elements of Group Delivery of Mindfulness Meditation.”

Conference Plenaries
◆ Bruce Perry, PhD will be the Conference Opening Plenary Speaker; his presentation is entitled, “A Relational Approach to Working with Maltreated Children.”
◆ The Mitchell Hochberg Memorial Public Education Event entitled, “Incarcerated Truths: Finding Unexpected Hope and Connection” will be presented by Elizabeth Ford, MD.
◆ Thema Bryant-Davis, PhD will deliver the Anne and Raman Alonso Plenary Address entitled, “Group Healing to Address the Wounds of Racial Trauma.”
◆ The Louis R. Ormont Lecture will be presented by J. Scott Rutan, PhD, CGP-R, DFAGPA. It is entitled, “Interesting Times: Lessons from Human History.”

Networking and just for fun, at lunch and at the end of each day there is a time to get to know each other personally at our SIG meetings and social hours. You also won’t want to miss one of the meeting’s highlights hosted by the Group Foundation for Advancing Mental Health: the Friday night dance party.

Attendance is Affordable...
New Member Discount. If you are not currently an AGPA member and join at the time of registration, you will save more than the difference between the member and non-member registration fee. A membership application is on page 15 of this program. We hope you will join us as a member.

Students, Residents, Early Career Professionals, Retirees, and Clinicians and Chaplains working with Active Duty Military and Veterans Discount. These populations are offered a 35% discount.

Agency/Institutional Multi-Person Registration Discount. A special discount is available to individuals from the same agency/institution. The first registration is at the full rate with additional registrations from the same agency at a 35% discount. Registration forms must be forwarded together and accompanied by a listing of the names of registrants on agency letterhead stating personnel are full-time or part-time employees whose sole source of income is from the agency. The letter should also verify the agency or institution as a non-profit. (Other discounts are not applicable when using an agency/institutional discount.)

AGPA Connect Scholarships are also being offered by the Group Foundation for Advancing Mental Health. Details on Awards and Scholarships for attendees as well as application information can be found on our website.

Please consider a donation to the Scholarship Fund to support the scholarship program; you can include a gift on the website or on the registration form found on the last page of this program.

We are excited to welcome you to the virtual AGPA Connect 2021, “The Power of Groups in a Challenging World.” Little did we know when the theme of this meeting was determined, in the fall of 2019, just how challenging this year would be. But as we know, growth can come from challenges in our groups, and we are excited about the ways in which we are growing as an organization and all that we have to offer in this dynamic new format this year.

You will be amazed at how much you will find yourself connecting with each other and the educational offerings over the weeks of programming—even in this virtual format. Certainly, much is different, from the dates of the conference to the ways we will meet each other...but much will be the same. As you peruse the program, you will see a great depth and breadth of educational and experiential Institutes, Workshops, Open Sessions and Plenaries, as well as numerous opportunities to socialize with each other. We have continued to intensify our focus on topics of social justice and diversity, even before the very personal learning we have recently encountered with systemic racism. We trust that you will be nourished, both personally and professionally, through your experience in the meeting.

The AGPA Staff has done an incredible job of researching, selecting, and learning to use the sophisticated platform that will allow us to offer this rich virtual experience. There will be considerable help in figuring out all that there is to do and how to access different features, and we will be sending updates about that. This will include great resources for technological help. Please be sure to read the emails you receive to stay on top of it all. And, as always, if you need help figuring out how to navigate the many meeting options, check out the FAQ section of the AGPA website.

We call our meeting AGPA Connect because being a part of AGPA is also about the connections we experience. As we write this letter we are formulating ways to ensure this aspect of Connect will be an integral part of your Connect experience. There will be events for First-Time Attendees, New Members and New CGPs. Special Interest Groups (SIGs) are also a great way to meet others with similar interests, and we will be posting those opportunities. And keep checking your emails for information of the unfolding ways we will make this happen.

Many of us have been sustained for years through the connections we have made at AGPA Connect and we're not going to let a pandemic get in our way!

Molyn Leszcz, MD, FRCP, CGP, DFAGPA
AGPA President
Katie Steele, PhD, CGP, FAGPA
D. Thomas Stone, Jr, PhD, ABPP, CGP, FAGPA
AGPA Connect Co-Chairs
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<td>10:30 AM–1:30 PM&lt;br&gt;Process Group Experience Sections &amp; Specific Interest Sections</td>
<td>9:45–10:45 AM&lt;br&gt;CONFERENCE OPENING&lt;br&gt;PLENARY ADDRESS</td>
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<td>“Finding Home in an Unprecedented and Online World”&lt;br&gt;Alexis Abernethy</td>
<td>10:30 AM–1:30 PM&lt;br&gt;SPECIAL INSTITUTE PRESENTATION:&lt;br&gt;“Treating Insecure Attachment in Group Psychotherapy”&lt;br&gt;Aaron Black OR “Mindfulness-Based Cognitive Therapy: Distinct and Overlapping Elements of Group Delivery of Mindfulness Meditation”&lt;br&gt;Zindel Segal</td>
<td>9:45–10:45 AM&lt;br&gt;MITCHELL HOCHBERG&lt;br&gt;MEMORIAL PUBLIC EDUCATION EVENT</td>
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<td>1:30–3:30 PM&lt;br&gt;SPECIAL INSTITUTES Continue</td>
<td>11:00 AM–12:30 PM&lt;br&gt;90-Minute Workshops &amp; 90-Minute Open Sessions</td>
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<td>3:00–6:00 PM&lt;br&gt;Process Group Experience Sections &amp; Specific Interest Sections</td>
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<td>11:00 AM–13:00 PM&lt;br&gt;2 ½ Hour Workshops &amp; 2 ½ Hour Open Sessions</td>
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<td>6:15–7:00 PM&lt;br&gt;Institute Participant Evaluation Meeting</td>
<td>5:30–6:45 PM&lt;br&gt;Large Group from a Systems-Centered Framework</td>
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<td>6:15–7:15 PM&lt;br&gt;12-Step Recovery Meeting</td>
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<td>5:30–6:15 PM&lt;br&gt;Conference Participant Evaluation Meeting</td>
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<td>7:15–8:00 PM&lt;br&gt;Social Activities&lt;br&gt;To be Announced</td>
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<td>8:30–10:00 PM&lt;br&gt;Group Foundation&lt;br&gt;Dance Party</td>
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Complete event descriptions can be found on AGPA’s Website: agpa.org
Institute Opening Plenary Session
Saturday, February 13, 9:30–10:15 AM (Eastern)
(This event is being recorded and will be available to access at your convenience.)

Finding Home in an Unprecedented and Online World
Featured Speaker: Alexis Abernethy, PhD, CGP, FAGPA

Dr. Abernethy will share her experience of Institutes over time highlighting experiences of connection. She will address the challenges we bring with us to our Institutes this year related to COVID-19, plunging into an online world, a reckoning around racism, and national polarization. She will also highlight the promise and hope for connection and finding “home” as a deeper desire. Lastly Dr. Abernethy, will share insights that may help attendees to benefit from their Institute experience.

Dr. Abernethy is a clinical psychologist and professor in the School of Psychology & Marriage and Family Therapy at Fuller Theological Seminary in Pasadena, California. She is also the Chief of Diversity, Equity, and Inclusion at Fuller. Dr. Abernethy graduated from Howard University with a BS in Psychology and received her MA and PhD from the University of California, Berkeley. She has conducted institutes and workshops nationally on cultural competence and spirituality in group therapy. Dr. Abernethy is a Certified Group Psychotherapist and Fellow of the American Group Psychotherapy Association (AGPA). She has served as Co-Chair of AGPA’s Institute Committee and Annual Meeting and currently serves on the Board of Directors for AGPA.


The Institute is scheduled over two full days: Saturday and Sunday, February 13-14, 10:30 AM–6:00 PM (Eastern) and Saturday, February 14, 10:30 AM–6:00 PM (Eastern). Complete Event Descriptions on AGPA’s Website: agpa.org

Below are the listings of the two types of Institutes: Process Group Experiences (PGE) and Specific Interest Sections. The PGE participants acquire general therapy skills relevant to leading groups by participating in a process-oriented group. Specific Interest Sections offer participants a chance to explore a particular theme in greater depth or to learn a new theoretical approach. For Specific Interest Sections, previous participation in a PGE is recommended but not required. Members agree to attend the entire group, to participate actively, and to respect the privacy of the other members. After attending an Institute, participants will be able to identify various aspects of group process and dynamics. These groups provide an important opportunity for experiential learning and growth. Please note: Dual relationships can hinder learning and could impact the experience for you and others. Those with dual relationships should consider NOT registering for the same Institute.

**Process Group Experience (PGE) Sections**

**I-A. General Process Group Experience**

<table>
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<tr>
<th>Entry Level</th>
<th>Instructors</th>
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<td>Less than 4 years of group therapy leadership experience</td>
<td>Cindy Miller Aron, LCSW, CGP, FAGPA</td>
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<tr>
<td>4-9 years of group therapy leadership experience</td>
<td>Barbara Illeif, MSN, RNCS, CGP-R, FAGPA</td>
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<tr>
<td>10 years of group therapy leadership experience</td>
<td>Jennifer Joseph, PsyD, CGP</td>
</tr>
<tr>
<td>15 years of group therapy leadership experience</td>
<td>Helene Satz, PsyD, ABPP, CGP, LFAGPA</td>
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**I-B. Process Group Experience Section with Mixed Levels of Experience**

<table>
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<tr>
<td>Shari Baron, MSN, CNS, CGP, FAGPA</td>
</tr>
<tr>
<td>Helen Chong, LCSW, CGP, FAGPA</td>
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<tr>
<td>Arthur Gray, PhD, CGP</td>
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<tr>
<td>Jeffrey Price, MA, LPC, LAC, CGP, FAGPA</td>
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**I-C. Process Group Experience Section for Self-Identified People of Color (Mixed Levels of Experience)**

<table>
<thead>
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<tr>
<td>Sophie Aguierre, PhD, CGP, FAGPA and Karen Cone-Uemura, PhD, CGP</td>
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**I-D. Process Group Experience Section for Senior Therapists**

Limited to prior AGPA Institute instructors or registrants who have participated in four or more AGPA Institutes.

<table>
<thead>
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<th>Instructor</th>
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<tr>
<td>Esther Stone, MSSW, CGP, DLFAGPA</td>
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**I-E. Two-Year Continuous Section**

Registration for this section assumes attendance at two consecutive AGPA Connect Meetings.

<table>
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<tr>
<td>Chera Finnis, PsyD, CGP, FAGPA</td>
</tr>
<tr>
<td>Paul Kaye, PhD, CGP, FAGPA and Gaea Logan, LPC-S, CGP, FAGPA</td>
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Continuing Education for Two-Day Institute Sections: 13.0 credits /1.3 units
II. A Relational Group Journey to Flatland and Beyond: Experiencing Different Self States in the Challenging Zoom Environment
Sharon Saggi Berg, MA, CGP; Ido Peleg, MD, CGP

III. Acceptance, Attunement, and Emotional Receptivity: Welcoming the Whole Self in Group
Jeffrey Hudson, Méd, LPC, CGP, FAGPA

IV. At Home and COVID: Longing, Belonging, and Unbelonging in a New Reality
Myrna Frank, PhD, CGP

V. Being Present in the Group - The Relational Approach
Martha Gilmore, PhD, CGP, FAGPA; Katie Griffin, LPC, CGP, FAGPA

VI. Building a Systems-Centered Group
Dorothy Gibbons, MSS, CGP; Robert Hartford, LICSW, CGP

VII. Cancelled

VIII. Developing Resilient Group Leadership
Gail Brown, MA, LP, CGP

IX. Dissociation and Complex Trauma in Group Members and Leaders
Leo Leiderman, PsyD, ABPP, FAACP, CGP, FAGPA

X. Early Longing, Emotional Engagement and Sexual Desire
Joseph Acosta, MA, LPC, CGP, FAGPA; Katie Griffin, LPC, CGP, FAGPA

XI. Existential Factors in Group Psychotherapy During a Pandemic? Losses Galore
Maryetta Andrews-Sachs, LICSW, CGP, FAGPA; Farooq Mohyuddin, MD, CGP, FAGPA

XII. Finding Each Other: Forging Relationship in an Evolving World
Jeanne Bunker, MSSW, LICSW, CGP, FAGPA

XIII. Finding Our Center of Health: Coupling Modern Group Analysis with Relational Life
Ginger Sullivan, MA, LPC, CGP, FAGPA

XIV. Group as a Safe Space to Integrate Physical and Emotional Assaults of COVID-19 on Sense of Self
Robert Klein, PhD, ABPP, CGP, DLFAGPA; Suzanne Phillips, PsyD, ABPP, CGP, FAGPA

XV. Group Process Aids Exploration of Participants’ Generational Social Trauma
Elaine Cooper, MSW, PhD, CGP, DFAGPA

XVI. Group Psychotherapy Supervision and Clinical Consultation
Annie Weiss, LICSW, CGP, FAGPA

XVII. Individuation in Groups: A Jungian Approach to Group Psychotherapy
Justin Hecht, PhD, CGP, FAGPA

XVIII. Leadership Development: Utilizing Group Therapy Skills in Organizational Culture (AGPA Leadership Track)
Rick Tivers, LCSW, CGP

XIX. Managing Love and Hate in a World of Social Crisis
Ronnie Levine, PhD, ABPP, CGP, FAGPA

XX. Permission Granted: Undoing the Impact of Emotional Prohibition on the Group Therapist
Alyson Stone, PhD, CGP

XXI. Racialized Trauma in Black, Indigenous and Therapists of Color
Kavita Avula, PsyD, CGP; Marcus Hummings, PsyD, CGP

XXII. Repetition as Resistance: Making Way for the New
Elizabeth Olson, PsyD, LCSW, CGP

XXIII. Social Identities, Power and Privilege: How Difference is Essential for Group Cohesion
Paul Gitterman, LICSW, MSc, CGP

XXIV. White Allyship: Figuring Out Our Roadmap
Phillip Horner, LCSW, CGP

II. Two Special Institute Presentations
Friday, February 19
10:30 AM-1:30 PM and 3:30-6:30 PM (Eastern)

SI-1. Treating Insecure Attachment in Group Psychotherapy
Instructor: Aaron Black, PhD, CGP, FAGPA

Attachment Theory concepts are highly applicable to group psychotherapy. In this Special Institute, Dr. Black will explore essential components of attachment in childhood and within the therapy group. The process of mentalization will be explained and used to inform interventions for the individual, subgroup, and group-as-a-whole. Specifically, the Institute will address how mentalization deteriorates into identifiable, primitive mental states that shape both client resistances to relational contact and immediacy as well as group leader countertransference. Dr. Black will describe how awareness of, and sensitivity to, these primitive mental states (rather than general attachment styles) can enhance the leader’s ability to locate, and intervene with, insecure attachment. Instead of encouraging secure attachment, the Institute will emphasize the use of mindfulness and body sensations, allowing them to “nipped in the bud” at a stage when this may be much easier than if such warning signs are not noticed or are ignored. Formulation of specific strategies will be explored that aim to remove barriers to the expression of this innate, biological capacity.

Dr. Aaron Black holds a PhD in Clinical Psychology, a CGP, and is in private practice in Rochester, New York, where he works clinically with individuals, couples and groups. Dr. Black is a faculty member of the Center for Group Studies in New York City and a Board member of AGPA.

SI-2. Mindfulness-Based Cognitive Therapy: Distinct and Overlapping Elements of Group Delivery of Mindfulness Meditation
Instructor: Zindel Segal, PhD

This Special Institute will be an interactive learning experience combining didactic instruction with experiential exercises to teach the key aspects of mindfulness-based cognitive therapy (MBCT). MBCT, originally developed as a group intervention, integrates techniques from mindfulness-based stress reduction with cognitive therapy for depression to teach individuals who have recovered from depression new skills to help prevent future relapses. Key themes include experimental learning and the development of an open and acceptant mode of response, in which one intentionally faces behavioral difficulties and affective discomfort. Increased mindfulness allows early detection of relapse-related patterns of negative thinking, feelings, and body sensations, allowing them to be “nipped in the bud” at a stage when this may be much easier than if such warning signs are not noticed or are ignored. Formulation of specific recurrence prevention strategies are included in the later stages of treatment.

Dr. Zindel Segal is a clinical psychologist whose research examines the use of mindfulness meditation in promoting affect regulation skills in people suffering from a depressive and anxiety based disorder. His research program has two broad thrusts involving 1) the use of brain imaging to identify neural markers of depressive relapse or resilience associated with long-term practice of mindfulness meditation and 2) evaluating the efficacy of mindfulness-based clinical interventions delivered via online or mobile platforms as a means of increasing access to care.

Continuing Education for Special Institute Presentations: 6.0 credits/.6 units
Group Foundation for Advancing Mental Health
Gifts to the Foundation can be made at agfa.org

Fulfilling the Promise: Founders Circle
Our sincerest appreciation is expressed to the following individuals and companies for their gifts in support of our program.

2019/2020 CONTRIBUTORS

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  - Barbara Dazzo
  - Heartwings Foundation
  - Kathleen Aust
  - Robert Hsiung
  - Barbara & Fred Ilfeld
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- Austin GPS
- Maryetta Andrews-Sachs

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- Rochester Area GPS
- Kathleen Ulman
- Wendy Vinhny
- Westchester GPS
- Elliot Ziels & Mary Sussillo

ENDOWMENT CONTRIBUTORS

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- Fern Cramer Azina & Family
- Friends
- Marsha Block & Leonard Walter
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- Trish Cleary & Diana Kunkel
- Phyllis Cohen & Walter Goldstein
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- Barbara Squire Ilfeld & Fred Ilfeld
- Truckee Tahoe Community Foundation
International Board for Certification of Group Psychotherapists
- Frederic L.R. Jackman
- Robert H. Klein
- Cindy Knight Endowment Fund
- Louis R. Ormond
- Albert E. Wiesler Memorial Fund
- Perry Roth Memorial Fund
- Walter & Esther Stone Endowment Fund

Foundation, Corporate and Government Partners
We would like to thank the following organizations for their support of our community outreach, education, training, and service delivery programs during 2020 and 2021
- Delta Airlines
- Group Foundation for Advancing Mental Health
- Marriott International, Inc.

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- Fern Cramer Azina & Family
- Friends

Strategists ($50,000+)
- Patricia & Merle Barth
- Harold S. Bernard
- Hayward Industries
- Ruth Hochberg & Phyllis Hochberg Siegel/The Capital Group Companies
- Charitable Foundation (matching corporate gift)

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- Barbara Squire Ilfeld & Fred Ilfeld
- Truckee Tahoe Community Foundation

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- Frederic L.R. Jackman
- Robert H. Klein
- Cindy Knight Endowment Fund
- Louis R. Ormond
- Albert E. Wiesler Memorial Fund
- Perry Roth Memorial Fund
- Walter & Esther Stone Endowment Fund

Foundation, Corporate and Government Partners
We would like to thank the following organizations for their support of our community outreach, education, training, and service delivery programs during 2020 and 2021
- Delta Airlines
- Group Foundation for Advancing Mental Health
- Marriott International, Inc.
78th Annual Conference
The Conference is held on Thursday, Friday, Saturday, February 25-27 and includes courses, open sessions, limited registration workshops and special presentations on a variety of topics.

Thursday, February 25, 9:45–10:45 AM
Conference Opening Plenary Session
(This event is being recorded and will be available to access at your convenience.)

A Relational Approach to Working with Maltreated Children
Featured Speaker: Bruce Perry, MD, PhD

This presentation will focus on the power and regulating effects of healthy relational interactions on the developing child. Providing an introduction to basic neurodevelopment and traumatology for clinicians, professionals, parents, caregivers and policy makers, Dr. Perry will address the positive impact of high quality caregiving, supportive families and stable communities while illustrating the devastating impact of neglect, trauma, chaos, violence and relational poverty. Individuals who have few positive relational interactions are at greater risk for developing trauma-related problems, while positive relational interactions can help promote healing and healthy development for both the normal and maltreated child. Dr. Perry’s address will focus on the importance of positive human relationships in both caregiving and therapeutic settings.

Dr. Bruce Perry is Principal of The Neurosequential Model Network, LLC and Senior Fellow of The ChildTrauma Academy, a Community of Practice based in Houston, TX. He is also Professor (Adjunct) in the Departments of Psychiatry and Behavioral Sciences at the Feinberg School of Medicine at Northwestern University, and the School of Allied Health, College of Science, Health and Engineering, La Trobe University in Australia. Dr. Perry is the author of over 500 journal articles, book chapters and scientific proceedings. His clinical research over the last ten years has been focused on integrating emerging principles of developmental neuroscience into clinical practice. Most notably, his Neurosequential Model®, is a developmentally sensitive, neurobiology-informed approach to clinical work (NMT), education (NME) and caregiving (NMC) for working with maltreated and traumatized children.

Friday, February 26, 9:45–10:45 AM
Mitchell Hochberg Memorial Public Education Event
(This event is being recorded and will be available to access at your convenience.)

Supported by the Group Foundation for Advancing Mental Health

Incarcerated Truths: Finding Unexpected Hope and Connection
Featured Speaker: Elizabeth Ford, MD

This lecture will focus on the experience of providing mental health care within the criminal legal system, specifically related to incarcerated individuals with serious mental illness. Using personal and de-identified patient narratives, drawn from 20 years of working in New York City’s Bellevue Hospital and in the jail system on Rikers Island, themes of systemic and institutional racism, chronic trauma, post-traumatic resilience, and the healing power of human connection will be explored. The lecture will also include practical, harm-reduction strategies related to more person-centered clinical interventions in jails, prisons, and re-entry to the community.

Dr. Elizabeth Ford, is the Chief Medical Officer at CASES (Center for Alternative Sentencing and Employment Services), a New York City-based community organization focused on the needs of individuals with mental health issues and criminal legal involvement. Her prior positions have included the Chief of Psychiatry for NYC Health + Hospitals’ Correctional Health Services (CHS), the Director of the Division of Forensic Psychiatry at Bellevue Hospital in NYC, and the Training Director for NYU School of Medicine’s Forensic Psychiatry Fellowship. Dr. Ford is an Adjunct Associate Professor of Psychiatry at NYU. She has authored and co-authored numerous academic articles and books about mental health services in jails and prisons as well as a memoir entitled, Sometimes Amazing Things Happen: Heartbreak and Hope on the Bellevue Hospital Psychiatric Prison Ward.

Saturday, February 27, 9:45–10:45 AM
Anne and Ramon Alonso Plenary Address
(This event is being recorded and will be available to access at your convenience.)

Supported by contributions to the Group Foundation for Advancing Mental Health

Group Healing to Address the Wounds of Racial Trauma
Featured Speaker: Thema Bryant-Davis, PhD

This presentation will illuminate ways the field of psychology can serve communities who live with the psychological effects of racism, offering insights from liberation psychology, decolonial psychology, Black psychology, and womanist psychology. The presentation will encompass both theory and practical application of anti-racism therapy and touches on sustainability, self-care, and community-care as clinicians may be affected by vicarious trauma when working with clients in the aftermath or continued exposure to racial trauma. Topics discussed will include: the need for anti-racism therapeutic practice given the prevalence of racism-related stress and trauma; the overlapping theoretical frameworks of liberation psychology, decolonial psychology, and anti-racism psychology; and anti-racism in assessment and treatment.

Dr. Thema Bryant-Davis is a licensed psychologist who has worked nationally and globally to provide relief and empowerment to marginalized persons. Dr. Thema, a professor at Pepperdine University, is a past president of the Society for the Psychology of Women. Her contributions to psychological research, policy, and practice have been honored by national and regional psychological associations. Dr. Thema is a past American Psychological Association representative to the United Nations.

Dr. Thema has edited and co-edited books on recovery from sexual violence, spirituality and religion in women’s lives, and womanist psychology. Her work is based in an interdisciplinary understanding of spirituality, gender, culture, and psychology. She provides trainings on the cultural context of trauma recovery and is host of the mental health podcast “Homecoming” available on iTunes and YouTube.

Complete event descriptions can be found on AGPA’s Website: agpa.org
SESSIONS

THURSDAY

9:45-10:45 AM
Conference Opening Plenary Address

A Relational Approach to Working with Maltreated Children

Featured Speaker: Bruce Perry, MD, PhD
See page 7 for event details
(This event is being recorded and will be available to access at your convenience.)

All-Day Courses

11:00 AM-1:30 PM & 2:45-5:15 PM

C1. Core Principles of Group Psychotherapy (Part II)
  Directors: Mikhail (Misha) Bogomaz, PsyD, ABPP, CGP, FAGPA; Jennifer Martin, PhD, CGP; Faculty: Karen Cone-Uemura, PhD, CGP; Annie Weiss, LICSW, CGP, FAGPA; Teyva Zukor, PhD, CGP

  Directors: Seth Aronson, PsyD, CGP, FAGPA; Thomas Hurster, MSS, LCSW, CGP, FAGPA; Andrew Pajman, EdD, CGP, FAGPA

All-Day Workshops

11:00 AM-1:30 PM & 2:45-5:15 PM

1a. (N/L) Zooming in or Zooming Out? Decoding Online Body Language: Accessing the Core Blueprints for Immediacy in Virtual Group
  Chap Atwell, MD, MPH; Liz Stewart, APSI

2a. (N/L) Social Dreaming as a Generative Pathway to Reflective and Deliberative Citizenship
  George Bermudez, PhD, PsyD

3a. (N/L) Utilizing Restorative Circles to Explore Barriers to Inclusion and Authenticity in Organizations
  Kouang Chan, MS, JD; Duke Fisher, MA; Nina Harris, BA, CA; Deborah Sharp, LCSWS, CGP; Brellynn Thomas, MSSW; Amy Wolfgang, MA

4a. (4+) Group Goes to Business School: Teaching Interpersonal Dynamics in Troubling Times (AGPA Leadership Track)
  Darryl Pure, PhD, ABPP, CGP, FAGPA; Lisa Stefanac, MBA

The Large Group Open Sessions will be held Thursday and Friday from 5:30-6:45 PM Eastern; Saturday, from 2:45-5:15 PM Eastern. Attendance at all sessions is encouraged.

WORKSHOPS (1-100 Series): All-day and half-day meetings provide a context in which participants exchange information among themselves and with the chairperson. These meetings are designed for varying levels of experience including master workshops for senior clinicians and usually include both didactic and experiential learning. Check designations for beginning and master levels (for senior clinicians). Continuing Education: All-day; 5.0 credits/.5 units; Half-day; 2.5 credits/.25 units

90-Minute Events: These sessions will be presented as open sessions and workshops. Continuing Education: 1.5 credits/.15 units

Complete Event Descriptions on AGPA’s Website: agpa.org

Morning Open Sessions

1 ½ Hour Open Sessions (11:00 AM-12:30 PM)

201-5. Who Do You Think You Are?: Exploring Group Leader Cultural Identity and Stereotype Assumptions Made About Group Members
  Robin Dean, PsyD

202-5. Telehealth Drop-in Support Group
  Nadia Greenspan, LCPC, NCC, CGP, Chair; Rosa Lee Emerson, PhD, CGP; Kasra Khorasani; MD, CGP; Thomas Treadwell, EdD, TEP, CGP

2 ½ Hour Open Sessions (11:00 AM-1:30 PM)

301. Shame and Humiliation in Group Therapy: Be Careful What You Wish For
  Joseph Shay, PhD, CGP, LFAGPA, Chair; Aaron Black, PhD, CGP, FAGPA; Chera Finnis, PsyD, CGP, FAGPA; Melyn Leszcz, MD, FRCP, CGP; DFAGPA; Oona Metz, LICSW, CGP, FAGPA

  Kathy Ulman, PhD, CGP, DFAGPA, Chair; Craig Haen, PhD, LCAT, CGP, FAGPA; Suzanne Phillips, PsyD, ABPP, CGP, FAGPA; Latoya Piper, LCSW, CGP; Aziza Belcher Platt, PhD; Siddharth Ashvin Shah, MD, MPH

303. “GROUP” - A Modern Analytic Video Training Series
  John Caffaro, PhD, CGP, FAGPA, Chair; Elliot Zeisel, PhD, LCSW, CGP, DFAGPA

Morning Workshops

1 ½ Hour Workshops (11:00 AM-12:30 PM)

5-5. (N/L) The Universe of Group Psychotherapy: Global Strategies for Success
  Judith Coché, PhD, ABPP, CGP, LFAGPA; Greg Crosby, MA, LPC, CGP, FAGPA

6-5. (N/L) Integration Through Bodily and Verbal Movements
  Bojun Hu, PhD; Lizhu Zhao, MA

7-5. (Cancelled)

Entrance Requirements: N/L= No Limitations; < 4= Less than four years of group leadership experience; 4+= More than four years of group leadership experience; 10+= More than ten years of group leadership experience (Masters Level)
SESSIONS • THURSDAY

Morning Workshops

2 ½ Hour Workshops (11:00 AM-1:30 PM)

8. (N/L) Germans and Jews: A Conversation About Trauma and Group Processes
   Mendel Horowitz, MS, CGP; Karsten Kueppenbender, MD, CGP

9. (N/L) The Romance of Togetherness: How Do Leader and Group Members Relate to the Erotic?
   Dominick Grundy, PhD, CGP, FAGPA

10. (N/L) Microaggressions Under the Microscope: A Practical Approach to Identifying, Unmasking, and Exploring Implicit Bias in Group Psychotherapy
    Shemika Brooks, PsyD, CGP; Nathasha Hahn, PhD; Shelby Wetzl, PsyD

11. (N/L) Enlivening Therapy Groups Through Play and Adventure
    Barney Straus, MSW, MA, CGP, FAGPA

12. (N/L) Close Reading and Reflective Writing: How Storytelling Facilitates Group Process
    Lynn Lawrence, MS, MSW; Lynne Mijangos, RN, MSW, MFA, MS

13. (4+) Confronting Aggressive Scapegoating in Group Therapy and Society: An Ethical Obligation of Mental Health Clinicians as Demonstrated by the Berkeley Civic Courage and Heroism Experiment
    Bill Roller, MA, FAGPA; Xu Yong, MD, CGP, FAGPA

14. (N/L) Motivational Interviewing Groups: Moving Together Toward Change
    Christopher Wagner, PhD

15. (10+) Coping with Aging in Ourselves and Our Clients: The Challenges to Continuing to be Resilient and Engaged Group Therapists
    Ken Schwartz, MD, FRCP; Shayne Vitemb, MA, LMFT, CGP

16. (N/L) Conducting Time-Limited Interpersonal Group Therapy in a Training Program
    Meena Denduluri, MD; Laura Kasper, PhD, CGP

17. (N/L) Transcending Gender: How to Start a Group for Adults Who Are Exploring Their Gender Identity
    Natalie Haziza, MA, MPhil; Ari Pehkonen, LCSW

Afternoon Workshops

1 ½ Hour Workshops (2:45-4:15 PM)

18-5. (N/L) Of Mice and Mentors: Applying Learning Theory to Psychodynamic Group Psychotherapy
    Russell Hopfenberg, PhD, CGP, FAGPA

19-5. (N/L) A No-Judgment Zone Helps Heal Addiction
    Geoffrey Kane, MD, MPH; Suzanne Brennan Nathan, PsyD, LICSW, CGP

20-5. (N/L) Countering Mental Health Stigma in a Depression Support Group with Positive Psychotherapy
    Heather Holtman, EdD; Serena Tchania, MA

2 ½ Hour Workshops (2:45-5:15 PM)

21. (N/L) Waist Deep in the Big Muddy: Leveraging Group Process to Work Through the Climate Change Impasse
    Benjamin White, LCSW, CGP

22. (N/L) Our Diversities/Ourselves: The Impact of our Diverse Cultural Identities on our Work with Groups
    Marti Kranzberg, PhD, ABPP, CGP, FAGPA

23. (N/L) Non-Verbal Communication in Groups: Using Concepts of Polyvagal Theory and Interpersonal Neurobiology When Conducting Online Groups
    Lorraine Wodiska, PhD, ABPP, CGP, FAGPA

24. (N/L) Compassion Focused Therapy Groups: How to Help Clients Connect with Compassion
    Mark Beecher, PhD, ABPP, CGP; Gary Burlingame, PhD, CGP, DFAGPA; Michael Buxton, PhD; Hiu Wai Yoko Caldwell, PhD; Kara Cattani, PhD; Derek Griner, PhD, ABPP, CGP; Kristina Hansen, PhD, CGP; Klint Hobbs, PhD

25. (N/L) Enhancing Psychoeducational Groups
    Nina Brown, EdD, LPC, NCC, DLFAGPA

26. (N/L) Who’s Feeling Is It Anyway? Working with Induction from a Modern Analytic Frame
    Heather Frank, PsyD, CGP; James O’Hern, LCSW

27. (N/L) Integrative Group Therapy for Patients with Psychosis: An Evidence-Based Approach
    Nick Kanas, MD, CGP-R, FAGPA

28. (N/L) The Gratitude of Loss: Utilizing the Stages of Grief as a Strategy for Sustainable Sobriety
    Andrew Susskind, LCSW, SEP, CGP

29. (N/L) Expanding Diversity Dialogues: Treating Clients with Health Conditions and Disabilities
    Wendy Freedman, PhD, CGP; Leslie Klein, PhD; Katheryne Kopp Miller, PsyD, HSPP

30. (N/L) Developmental Trauma and the Somatic Self Meets Dysregulated Eating
    Fran Weiss, LCSW-R, BCD, DCSW, CGP

Afternoon Open Sessions

1 ½ Hour Open Sessions (2:45-4:15 PM)

203-5. Effective Advocacy for Your College Counseling Group Program
    Nathasha Hahn, PhD, Chair; Joelleen Cooper-Bhatia, PhD; Niki Keating, PhD, CGP

2 ½ Hour Open Sessions (2:45-5:15 PM)

304. Finding Collective Shelter: A Theme Directed Audience Discussion in the Year of COVID-19 and Battles for Racial Justice (Part 2)
    Kathy Ulman, PhD, CGP, DFAGPA; Chair; Craig Haen, PhD, LCAT, CGP, FAGPA; Suzanne Phillips, PsyD, ABPP, CGP, FAGPA; Latoya Piper, LCSW, CGP; Aztia Belcher Platt, PhD; Siddharth Ashvin Shah, MD, MPH

305. From the Circle to the Screen - Online Groups
    Haim Weinberg, PhD, CGP, FAGPA; Chair; Richard Billow, PhD, ABPP, CGP; Ruthellen Josselson, PhD; Bram van der Boom, MD

5:30-6:45 PM

LG-1. The Large Group from a Systems-Centered Framework
    Susan Gantt, PhD, ABPP, CGP, DFAGPA; Frances Carter, MSS, LSW; Ray Haddock, MBChB, MMEdSc, FRCPsych; Mike Maher, MA, Facilitators; Robi Friedman, PhD, Consultant

Complete event descriptions can be found on AGPA’s Website: agpa.org
**Entrance Requirements:** N/L= No Limitations; < 4= Less than four years of group leadership experience; 4+= More than four years of group leadership experience; 10+= More than ten years of group leadership experience (Masters Level)

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**SESSIONS • FRIDAY**

**9:45-10:45 AM**

**Mitchell Hochberg**
Memorial Public Education Event

**Incarcerated Truths:** Finding Unexpected Hope and Connection
Featured Speaker: Elizabeth Ford, MD

See page 7 for event details
(This event is being recorded and will be available to access at your convenience.)

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**11:00 AM-1:30 PM & 2:45-5:15 PM**

Director: Shelley Firestone (Korshak), MD, CGP, FAGPA

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**1 ½ Hour Open Sessions (11:00 AM-12:30 PM)**

- 204-5. **Astronaut Groups in Space: Implications for Group Therapy and COVID-19**
  Nick Kanas, MD, CGP-R, FAGPA; Les Greene, PhD, CGP, DLFAHPA, Discussant

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**2 ½ Hour Open Sessions (11:00 AM-1:30 PM)**

- 306. **I, Too, Sing America: Identity and Difference in Group Life**
  Francis Kaklauskas, PsyD, CGP, FAGPA; Sophia Aguairre, PhD, CGP, FAGPA, Co-Chairs; Willard Ashley DMin, CGP; Reggie Nettles, PhD, CGP; Keith Rand, LMFT, CGP, FAGPA

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**307. Group Psychotherapy as Specialized Practice: Training Implications**

Noelle Lefforge, PhD, MHA, CGP, Chair; Nina Brown, EdD, LPC, NCC, DFAGPA, Gary Burlingame, PhD, CGP, DFAGPA; Eleanor Counselman, EdD, ABPP, CGP, DLFAHPA; Joshua Gross, PhD, ABPP, CGP, FAGPA; Mikhail (Misha) Bogomaz, PsyD, ABPP, CGP, FAGPA

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**308. Dutch Design--Practice Guidelines for Group Treatment: Contemporary Group Treatment in The Netherlands**

Pepijn Steures, MD, CGP, Chair; Anne Marie Claassen, MSc; William de Haas, MSc; Charles Huffstadt, MSc; Rob Koks, Silvia Pol, MA; Niels Tinga, MD

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**31a. (N/L) Therapists as Racial Beings Leading Groups with People of Color Across the Lifespan**
Robin Dean, PsyD; Kathleen Isaac, PhD; Colette McLean, MSW, LCSW; Archandria Owens, PhD; Rachelle Rene, PhD, BCB, HSMI

**32a. (10+) Yearning for Connection: Seeking Belonging and Intimacy Despite Isolation**
Allan Sheps, MSW, RSW, CGP, FCGPA; Joan-Dianne Smith, MSW, RSW, FCGPA

**33a. (N/L) Virtual Large Study Group**
Suma Jacob, MD, PhD; Jeffrey Roth, MD, CGP, FAGPA; Janice Wagner, MSW, LICSW

**34a. (N/L) Introduction to Modern Group Process in the Current Climate**
Alice Brown, PsyD, CGP; Chris Dolin, LCSW

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**2 ½ Hour Workshops (11:00 AM-1:30 PM)**

**37. (N/L) Coming Alive: From Stagnation to Vitality in Group Process**
Angelo Ciliberti, PsyD, CGP

**38. (N/L) I’d Rather Go Out for Tacos: Our Emotional Resistance to Climate Change**
Anna Graybeal, PhD, CGP

**39. (N/L) Survival Roles During Times of Crisis: Exploring Them Together**
Susan Beren, PhD

**40. (N/L) To Err is Human: Embracing the Imperfect Therapist**
Charlene Pratt, LCPC, CGP

**41. (N/L) Focused Brief Group Therapy: Integrating Art and Science to Optimize Outcomes**
Martyn Whittingham, PhD, CGP, FAGPA

**42. (N/L) Cognitive Behavioral, Psychodrama, and Process Group Therapy: A Blended Experiential Model**
Thomas Treadwell, EdD, TEP, CGP; Deborah Dartnell, MSOD, MA

**43. (N/L) Interpersonal Neurobiology, Courage, and High Performing Teams (AGPA Leadership Track)**
Rachel Stephens, PsyD; Carolyn Waterfall, MS, LPC, CGP
SESSIONS • FRIDAY

44. (N/L) The Group Therapist’s Journey Through Spirituality, Religion, and Existential Meaning Making
Rosalind Forti, MSW, PhD; Lorraine Mangione, PhD

45. (N/L) “Soul Siblings” & “Invincible Black Women”: The Need and Power of Black Womxn Groups at Predominantly White Institutions
Kimberly Burdine, PhD; Analesa Clarke, PhD

Afternoon Open Sessions

1 ½ Hour Open Sessions (2:45-4:15 PM)

205-5. Plentiful, Enough and None at All: Case Examples of Resource Allocation to Group Psychotherapy Training in Psychiatry Residency
Seamus Bhatt-Mackin, MD, FAPA, CGP, Chair; Meenakshi Denduluri, MD; Mariam Rahmani, MD, FAPA, DFAACAP; Joe Wise, MD, CGP; Brian Wu, MD, PhD

2 ½ Hour Open Sessions (2:45-5:15 PM)

309. Women and Aggression: History, Healing and Power
Jeanne Bunker, LCSW, CGP, FAGPA; Jan Morris, PhD, ABPP, CGP, FAGPA, Co-Chairs; Alexis Abernethy, PhD, CGP, FAGPA; Nanine Ewing, PhD, BC-DMT, CGP, FAGPA; Nancy Kelly, PhD, MSSW, CGP, FAGPA

310. Contemporary Group Psychotherapy Research
Joseph Miles, PhD; Zipora Shechtman, PhD, DFAGPA; Rainer Weber, PhD, Co-Chairs

311. A Tale of Two Cities: Pandemic Response Narratives From New York and Chicago
Marcia Nickow, PsyD, CADC, CGP, Chair; Stephanie Friedman, MD; Rachel Kaplan, MA, MSSW; Nelly Katsnelson, MD, CGP

Afternoon Workshops

1 ½ Hour Workshops (2:45-4:15 PM)

46-5. (N/L) On the Topic of Starting Interpersonal Process Groups in Private Practice
Jeff Grossman, LPC-MHSP, CGP

47-5. (N/L) Psychologically Need Supportive Leadership: Thriving Groups with Action Motivation
Ozge Kantas, PhD

48-5. (N/L) Together Through Song: The Power of Communal Singing to Elevate Mood and Increase Connection
Geraldine Alpert, PhD, CGP, LFAGPA

2 ½ Hour Workshops (2:45-5:15 PM)

49. (N/L) Encountering the “Other” in Group Therapy
Simon Bresler, LCSW, CGP; Kerin Nadler, MS, LCAT, BC-DMT, CGP

50. (10+) Attachment-Focused Somatic Experiencing Group Psychotherapy
Carlos Canales, PsyD, CGP, FAGPA

51. (N/L) Gaslighting as an Example of Ethical and Clinical Boundary Violations
Robert Pepper, LCSW, PhD, CGP, FAGPA

52. (N/L) “Am I My Brother’s Keeper?” An Exploration of Sibling Dynamics: How They Influence the Roles We Take and the People We Become in Groups
Brett Kociol, PsyD; Yair Kramer, PsyD; Terri Lipkin, PsyD; Benjamin Mueller, PsyD

53. (N/L) Balint Groups: A Facilitated Group Experience to Enhance Clinician Empathy and Explore Patient-Provider Relationships in Medical Settings and Beyond
Katherine Margo, MD; Jeffrey Stermlieb, PhD; Kathy Ulman, PhD, CGP, DFAGPA; Alan Witkower, EdD, CGP

54. (N/L) What’s the Fun of Functional Subgrouping? I’d Rather Fight Dayne Narretta, LCSW, BCD, CGP, FAGPA; Deborah Woolf, MS, MSS

55. (N/L) Sensory Awareness and Embodied Attunement Through Movement to Music: The Royal Road to Affect and Immediacy
Suzanne Cohen, EdD, CGP-R, FAGPA

56. (N/L) Group Based Approaches to Parental Reactivity: The Parent Circle Model
David Flichr, PhD, CGP

57. (N/L) Supervision and Clinicians of Color: Considerations of a Peer Consultation Group Model
Brenda Boatswain, PhD, CGP

58. (N/L) Explorando la Barrera Idiomática en Grupo: El Sonido de las Emociones en Español (Exploring the Language Barrier in Group: The Sound of Emotions in Spanish)
Joan Coll, MD

5:30-6:45 PM

LG-2. The Large Group from a Systems-Centered Framework
Susan Gantt, PhD, ABPP, CGP, DFAGPA; Frances Carter, MSS, LSW; Ray Haddock, MBChB, MmedSc. FRCPsych; Mike Maher, MA, Facilitators; Robi Friedman, PhD, Consultant

Complete event descriptions can be found on AGPA’s Website: agpa.org

Group Foundation Dance Party

Friday, February 26, 8:30 PM

The Group Foundation for Advancing Mental Health invites you to join us for a spectacular virtual dance party. This party provides you an opportunity to meet and mingle with your colleagues and have a fun time on or off the dance floor.

This event is included with the five-day Institute and Conference package or the three-day Conference registration.
### Entrance Requirements:

N/L= No Limitations; 
< 4= Less than four years of group leadership experience; 
4+= More than four years of group leadership experience; 
10+= More than ten years of group leadership experience (Masters Level)

### SESSIONS • SATURDAY

#### 9:45-10:45 AM

**Anne & Ramon Alonso Plenary Address**

**Group Healing to Address the Wounds of Racial Trauma**

Featured Speaker: Thema Bryant-Davis, PhD

See page 7 for event details

(This event is being recorded and will be available to access at your convenience.)

### All-Day Course

#### 11:00 AM-1:30 PM & 2:45-5:15 PM

**C4. Integrative Cognitive Behavioral Group Therapy**

Director: Greg Crosby, MA, LPC, CGP, FAGPA

### All-Day Workshops

#### 11:00 AM-1:30 PM & 2:45-5:15 PM

<table>
<thead>
<tr>
<th>59a.</th>
<th>(N/L) Living Out Loud: Attuning the Leader’s Voice</th>
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<tbody>
<tr>
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<td>Marie Sergent, PhD, CGP</td>
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<tr>
<th>60a.</th>
<th>(N/L) Engaging in Equitable Practices: How Do We Center Marginalized Identities and Challenge White Cis-Hetero Norms in Group Therapy?</th>
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<tr>
<td></td>
<td>Daniela Recabarren, PhD, MSED; Renita Sengupta, PsyD</td>
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<tr>
<th>61a.</th>
<th>(N/L) Enhancing Empathy and Attachment Using Mindfulness and Psychodramatic Techniques in Process Group</th>
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<tr>
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<td>Sue Barnum, MA, TEP, CGP; Shelley Firestone, MD, CGP, FAGPA</td>
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<tr>
<th>62a.</th>
<th>(N/L) Groups as Cultures of Resilience: A Psychodynamically Oriented Decolonizing Approach to Treating Addiction and Trauma</th>
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<td>Marcia Nickow, PsyD, CADC, CGP; Joe Whitlock, CADC, MISA</td>
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#### Morning Workshops

**1 ½ Hour Workshops (11:00 AM-12:30 PM)**

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<tr>
<th>63-5.</th>
<th>(N/L) Work Smarter Not Harder: How to Talk Finances in Private Practice</th>
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<tr>
<td></td>
<td>Jill Lewis, MSW, LCSW, CEDS, CGP</td>
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<th>64-5.</th>
<th>(N/L) For Us By Us: The Need for Black, Indigenous, People of Color (BIPOC) Relational Process Group at Predominantly White Institutions</th>
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<tr>
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<td>Jacquelin Darby, PsyD, CGP; Tyne Rodriguez, PsyD</td>
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<th>65-5.</th>
<th>(N/L) Developing an Evidenced-Based Wellness Group for Veterans and Older Adults: Challenges and Lessons Learned</th>
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<td>Kristen Anderson, PhD, LCPC; Victoria Bacon, EdD, CGP; Maureen Boiros, MEd, RN</td>
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### Morning Workshops

#### 2 ½ Hour Workshops (11:00 AM-1:30 PM)

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<tr>
<th>66.</th>
<th>(&lt;4) The Nuts and Bolts of Starting and Maintaining Healthy Groups</th>
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<td>Ann Steiner, PhD, MFT, CGP, FAGPA</td>
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<th>67.</th>
<th>(4+) Using our Emotions as Leaders to Understand and Guide our Groups</th>
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<td></td>
<td>Dave Kaplowitz, LMFT, CGP</td>
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<tr>
<th>68.</th>
<th>(N/L) Greed, Shame, Deprivation, Excitement &amp; Envy: Let’s Talk About Money in Group During (or After) a Pandemic?</th>
</tr>
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<td>Michele Bohls, LMFT, CGP, FAGPA</td>
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<tr>
<th>69.</th>
<th>(N/L) Connecting Tele and Telehealth: Experiential Groups Online</th>
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<td>Kristine Jackson, LCSW, CET, PA, CEDS</td>
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<tr>
<th>70.</th>
<th>(N/L) Meeting the Moment: Diversifying Psychoanalytic Leader Style and Interventions</th>
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<tr>
<td></td>
<td>Karin Bustamante, PsyD, CGP; Francis Kaklaukas, PsyD, CGP, FAGPA</td>
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<tr>
<th>71.</th>
<th>(N/L) Experiencing the Power of Mentalizing in Group</th>
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<td>Valorie George, LCSW, CGP; Jennifer Markay, PhD, MEd, CGP</td>
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<th>72.</th>
<th>(N/L) Where Do Asian Americans Belong?</th>
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<tr>
<td></td>
<td>Bob Hsiung, MD; Teresa Lee, MD</td>
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<th>73.</th>
<th>(N/L) Healing at the Level of the Psychic Skin: Group Psychotherapy with Skin-Pickers and Hair-Pullers</th>
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<td>Stacy Nakek, LCSW, CGP</td>
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<th>74.</th>
<th>(N/L) “Far Away, But Still Very Close” Online Group Therapy Through Videoconferencing: Research Update, Best Practice and Live Demonstration</th>
</tr>
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<td>Bram van der Boom, MD; Pepijn Steures, MD, CGP</td>
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#### Afternoon Open Session

**2 ½ Hour Open Sessions (2:45-5:15 PM)

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<tr>
<th>314.</th>
<th>The Large Group from a Systems-Centered Framework</th>
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<tbody>
<tr>
<td></td>
<td>Susan Gantt, PhD, ABPP, CGP, DFAGPA; Frances Carter, MSS, LSW; Ray Haddock, MBChB, MMEdSc, FRCPsych, Mike Maher, MA; Facilitators; Robi Friedman, PhD, Consultant</td>
</tr>
</tbody>
</table>
Join AGPA's Continuous Online Group held in conjunction with the 2021 Meeting. The task of this group will be to provide experience with and learning about online large group dynamics. It will be available “24/7” from February 9-March 4 and its members will interact electronically using the Slack platform. The co-leaders will be: Robert Hsiung, MD; Jeffrey Roth, MD, CGP, FAGPA; Vincenzo Sinisi, MA, CGP; Joe Wise, MD, CGP; with Anne Lindhardt, MD, as consultant. Register online or use the registration form on the back cover; more information is available on the AGPA website (agpa.org). AGPA Connect 2021 registrants can participate gratis.

12-Step Recovery Meetings. Members of AGPA who are members of 12-Step fellowships have organized a daily OPEN 12-STEP MEETING during the six-day Annual Institute and Conference. These meetings are open to members of any 12-Step fellowship (AA, OA, NA, GA, Al-Anon and others). They are also open to any member of AGPA interested in exploring recovery for themselves, their family members, or those supporting their colleagues in recovery.

Continuing Education Credits Refer to agpa.org for continually updated information.

Satisfactory Completion
Learners must complete an evaluation form to receive a certificate of completion. Your chosen sessions must be attended in their entirety. Partial credit for individual sessions is not available. If you are seeking continuing education credit for a state or specialty not listed below, it is your responsibility to contact your licensing/certification board to determine course eligibility for your licensing/certification requirement.

Certified Group Psychotherapists (CGP): Institute and Conference events may be counted towards recertification requirements for the International Board for Certification of Group Psychotherapists on a one hour per one continuing education credit basis. Please note that all continuing education credit events for CGP recertification must be in group psychotherapy.

Psychologists: American Group Psychotherapy Association is approved by the American Psychological Association to sponsor continuing education for psychologists. AGPA maintains responsibility for this program and its content. Maximum of 39.5 hours.

NY: Amedco is recognized by the New York State Education Department’s State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0031. 39.5 hours.

Social Workers: AGPA, ASWB provider #1064, is approved as a provider for continuing education by the Association of Social Work Boards, 400 South Ridge Parkway, Suite B, Culpeper, VA 22701, www.aswb.org. ASWB Approval Period: 1-27-21 to 1-27-24. Social workers will receive up to 39.5 continuing education clock hours for participating in this course. ASWB approval is accepted by the Marriage and Family Therapy Boards in the following states: AK, AL, AR, AZ, CA, CO, CT, DC, IA, ID, IN, KS, LA, MD, ME, MO, MT, NC, ND, NE, NH, NJ, NM, NV, OK, OR, PA, SC, SD, TN, TX, UT, VA, VT, WA, WV, WY. ASWB Approval Period: 1-27-21 to 1-27-24. Social workers will receive up to 39.5 continuing education clock hours for participating in this course. ASWB approval is accepted in 48 states. ASWB is not accepted in NY and NJ.

The following state boards accept courses from ASWB providers for Social Workers: AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, ID, IL, IN, IA, KS, KY, LA, ME, MD, MA, MI, MN, MS, MO, NC, ND, NE, NH, NM, NV, OH, OK, OR, PA, RI, SC, SD, TN, TX, UT, VT, VA, WA, WI, WV, WY

NY: Amedco SW CPE is recognized by the New York State Education Department’s State Board for Social Work as an approved provider of continuing education for licensed social workers #0115. 39.5 hours.

Nurses: In support of improving patient care, this activity has been planned and implemented by Amedco LLC and AGPA. Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and theAmerican Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Designation Statement — Amedco LLC designates this live activity for a maximum of 39.5 ANCC contact hours for nurses. Learners should claim only the credit commensurate with the extent of their participation in the activity.

Counselors: American Group Psychotherapy Association, Inc. (AGPA) has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5675. Programs that do not qualify for NBCC credit are clearly identified. AGPA is solely responsible for all aspects of the programs. Maximum of 39.5 clock hours.

NY: Amedco is recognized by the New York State Education Department’s State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0061. 39.5 hours.

Alcohol and Drug Abuse Counselors: This course has been approved by AGPA, as a NAADAC Approved Education Provider #62820, for 39.5 CE. AGPA is responsible for all aspects of its programing. This course deals with Counselor Skill Groups: Ongoing Treatment Planning, Counseling Services.

MARRIAGE AND FAMILY THERAPISTS: NBCC approval is accepted by the Marriage and Family Therapy Boards in the following states: AK, AL, AR, AZ, CA, CO, CT, DC, IA, ID, IN, KS, LA, MD, ME, MO, MT, NC, ND, NE, NH, NJ, NM, NV, OK, OR, PA, SC, SD, TN, TX, UT, VA, VT, WA, WV, WY.

MA: This activity has been submitted to the Massachusetts Board of Registration of Allied Mental Health & Human Services Professions, for review.

MN: This course has been submitted to the Minnesota Board of Marriage & Family Therapy for review.

NY: Amedco is recognized by the New York State Education Department’s State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists. #MFT-0032. 39.5 hours.

Continuing Education Units: Participation in the 2021 Institute and Conference continues education events carries Continuing Education Units on a one unit per 10 contact hour basis. (Fractional units may be obtained.

Complete event descriptions can be found on AGPA’s Website: agpa.org
How to Register
Use our online registration system for quick and easy registration. The online registration will provide an immediate confirmation of choices. Online registration is available on the AGPA website, agpa.org. You may also register using the back cover of this program by e-mail, fax, or regular mail.

• Online at agpa.org;
• Email form to registration@agpa.org;
• Fax to AGPA at 212-979-6627;
• Mail to AGPA, c/o Chase Manhattan Bank, Church Street Station, PO Box 6359, New York, NY 10249-6359. (Non-U.S. residents are requested to have checks drawn on U.S. banks.)
• Phone 877-668-AGPA (2472)

AGPA staff is available to take your registration by phone Monday-Friday (9:00 AM - 6:00 PM Eastern) toll free at 877-668-AGPA (2472) or call 212-477-2677. Please have credit card information and event selections available.

If you require special accommodations to fully participate, please provide a written description of your needs and send to registration@agpa.org or fax to 212-979-6627.

Discounts
Military: A 35% discount off registration rates is available to active military clinicians as well as to clinicians and chaplains working with active duty military and veterans.

Early Career Professionals/Students/Residents/Retirees: A 35% discount off registration rates is available. Students/Residents must provide a statement of full-time enrollment. The Early Career Professional fee is applicable for four years after date of graduation.

Agency/Institution: The first registration is at the full rate with additional registrations from the same agency at a 35% discount. Registration forms must be forwarded together and accompanied by a listing of the names of registrants on agency letterhead stating personnel are full-time or part-time employees whose sole source of income is from the agency. The letter should also verify that the agency or institution is a non-profit. (Other discounts are not applicable when using an agency/institutional discount.)

AGPA Connect Scholarships are also being offered by the Group Foundation for Advancing Mental Health. Details on Awards and Scholarships for attendees as well as application information can be found on our website.

Refund Policy
Cancellations must be submitted in writing by February 1, 2021 and will be subject to a $50 service charge. Refunds will not be granted after February 1. It is the responsibility of the registrant to cancel whether or not registration confirmation has been received.

Limited Time Introductory Membership Offer!
Apply for AGPA Membership and receive 18 months of membership for the price of 12 and also register at member rates. Offer valid through February 27, 2021.

AGPA Membership Benefits provide for professional development and continuing education opportunities in all aspects of group psychotherapy to enhance clinical skills and career advancement including...

EDUCATIONAL PROGRAMS
• Priority enrollment and reduced registration fees for AGPA Connect and e-Learning events
• Complimentary registration for year-round e-Learning events
• Complimentary access to AGPA Online Continuing Education Library
• Access to workshops and training programs sponsored by local and regional Affiliate Societies
• Priority consideration for AGPA Connect Scholarships (see agpa.org for details)

WEBSITE: AGPA.ORG
• Brings therapists, students, and clients together
• Provides complete information on AGPA programs and products, gives clients help in locating qualified group therapists
• Access to Members-Only section
• Online E-Directory provides a national collegial referral network of over 2,000 group therapists

PUBLICATIONS
• Free subscription to the International Journal of Group Psychotherapy and four additional mental health journals
• The Group Circle newsletter providing members current professional information and the opportunity for national contacts and collegiality
• AGPA Group Connections, our monthly email newsletter, provides AGPA information updates
• The AGPA e-Learning monthly newsletter, keeping you abreast of the exciting online continuing education opportunities available
• Discount on AGPA Curricula and Taylor & Francis publications

RESEARCH & TEACHING
• Consultation on research and design development
• Access to grants and group research opportunities
• Publication opportunities

NETWORKING & PRACTICE DEVELOPMENT
• Special Interest Groups provide a forum for networking and peer support among individuals with similar interests
• Opportunities to develop interdisciplinary contacts internationally for exchange of professional knowledge and skills
• Consultation on developing a group psychotherapy practice
• Obtain national visibility and recognition in your area of professional specialization

LOCAL & REGIONAL AFFILIATE SOCIETIES
• Our local societies across the country offer collegiality, referral networks, training, consultation and supervision
Applicant information:

First Name  M.I.                 Last Name   Degree(s)
(Please check the ☐ for the address and email that you want to have listed in our online directory and receive AGPA mailings.)

☐ Work Address  City  State  Zip

☐ Home Address  City  State  Zip

Phone: Work  Home  Cell  Fax

☐ Personal Email  ☐ Work/School Email

Date of Birth  /  /  Genderqueer/Nonbinary  Woman  Man  Optionally complete:  Referred by

Select your professional designation:

☐ Psychiatrist  ☐ Alcoholism and Drug Abuse Counselor  ☐ Psychoanalyst
☐ Psychologist  ☐ Clinical Mental Health Counselor
☐ Social Worker  ☐ Creative Arts Therapist  ☐ Group Analyst
☐ Nurse  ☐ Occupational Therapist  ☐ Resident
☐ Marriage and Family Therapist  ☐ Pastoral Counselor  ☐ Student
☐ School Psychologist  ☐ College Counselor  ☐ Other: _______________________

Select your AGPA membership:

☐ Certified Group Psychotherapist (CGP) – Complete the CGP application online at www.agpa.org/cgp-certification/ and with approval receive your first year of AGPA membership FREE.

☐ Professional – A minimum of a master’s degree in a mental health field.

☐ Clinician: license number, national membership or certification: ____________________

☐ Academic Faculty: institution __________________________________________________

☐ Researcher: (2) studies published in peer-reviewed journal(s): ______________________

☐ Adjunct – Experience as leader or co-leader of therapeutic, educational and/or consulting groups.

☐ Early Career Professional – A minimum of a master’s degree from an accredited graduate, residency or certificate-granting program within the last four years.

Please indicate date of graduation (month/year) _____/_____ and institution __________________________

☐ Student – Matriculated in an accredited graduate, residency or certificate-granting program in the mental health professions. Please indicate institution:

☐ Adjunct

☐ Early Career Professional

☐ Student

Mail application and payment to:

AGPA c/o Chase Manhattan Bank, Church Street Station, PO Box 6359, New York, NY 10249-6359

Or Email to: membership@agpa.org

Questions?
Call Toll-Free: (877) 668-AGPA
www.agpa.org
ONLINE REGISTRATION FORM AVAILABLE AT AGPA.ORG
FOR IMMEDIATE SELECTION CONFIRMATION

Registration Form

(Please print legibly. Duplicate forms as needed.) This form will be used as the basis for registration information. Use a separate form for each registrant.

Name ______________________________________ Degree __________________________

Nickname for Badge __________________________ Genderqueer/Nonbinary ☐ Woman ☐ Man ☐

Prefer Address ☐ Home ☐ Office __________________________ 

City __________________________ State __________ Zip __________

Telephone: Office (________) Home (________) Mobile (________) E-mail __________________________

Please indicate the best method of contact during AGPA Connect ☐ mobile ☐ e-mail __________________________

Do you have any disabilities which require special accommodations? If so, please identify your specific needs in a separate letter. __________________________

Status ☐ AGPA Member ☐ AGPA Applicant ☐ Nonmember (membership application on page 15) ☐ Scholarship Applicant __________________________

Profession: ☐ Psychiatrist ☐ Psychologist ☐ Social Worker ☐ Nurse ☐ Alcoholism & Drug Abuse Counselor ☐ Other __________________________

☐ Creative Arts Therapist ☐ Marriage & Family Therapist ☐ Mental Health Counselor ☐ Pastoral Counselor ☐ Group Analyst __________________________

Is this your 1st Meeting? ☐ Yes ☐ No __________________________

How did you hear about us? __________________________________________

Years of group psychotherapy practice? ________________

Visit the AGPA WEBSITE (agpa.org) for full event descriptions. __________________________

CONTINUOUS ONLINE GROUP: ☐ February 9 - March 4 Members $90; Nonmembers $180 (AGPA Connect 2021 registrants can participate gratis.) __________________________

TWO-DAY INSTITUTE REGISTRATION: List preferences for Saturday & Sunday, February 13 & 14, refer to Process Group Experience Sections or Specific Interest Sections __________

SPECIAL INSTITUTE REGISTRATION: __________________________

COFERENCE REGISTRATION: List preferences for Thursday, Friday & Saturday, February 25-27. Indicate courses, open sessions as well as workshops by event numbers. __________________________

ThURSDAY: __________________________

1st Choice 2nd Choice 3rd Choice 1st Choice 2nd Choice 3rd Choice 1st Choice 2nd Choice 3rd Choice __________________________

All-Day __________________________

Morning 8:30-11:30 __________________________

Afternoon 12:30-3:30 __________________________

By January 18 __________________________

2-Day Institute $260 $420 $610 __________________________

Special Institute $180 $350 $525 __________________________

3-Day Conference $210 $390 $575 __________________________

1-Day Conference $175 $350 $525 __________________________

5-Day Package $610 $915 $1100 __________________________

After January 18 __________________________

Member $325 $525 $765 __________________________

Nonmember $455 $720 $1070 __________________________

* Includes Group Foundation Friday Dance __________________________

SPECIAL OFFER: Register for the Special Institute plus the Five-Day Package and deduct $50 from your total fees. __________________________

REGISTRATION TOTAL: __________________________

If you would like to join, complete application on reverse and enclose fee. __________________________

Renewing your membership, please include $160 thru 6/2021 or $240 thru 6/2022. __________________________

☐ Support the Group Foundation with a Scholarship Contribution. __________________________

MEMBERSHIP TOTAL: __________________________

FOUNDATION TOTAL: __________________________

GRAND TOTAL: __________________________

☐ Check enclosed ☐ Visa ☐ MasterCard ☐ American Express __________________________

Discount applied: ☐ Early Career Professional/Student/ Resident/Retiree ☐ Institution/Agency ☐ Military __________________________

Name as it appears on card __________________________

Act # __________________________ Exp. Date ________ CVV __________________________

American Group Psychotherapy Association, Inc.

c/o Chase Manhattan Bank, Church Street Station, P.O. Box 6359, New York, NY 10249-6359

Toll-Free: (877) 668-AGPA (2472) or (212) 477-2677 Fax: (212) 979-6627

Website: agpa.org • E-mail: registration@agpa.org

Register Now! Prices go up January 18th

How to Complete the Registration Form

TWO-DAY INSTITUTE REGISTRATION:

IA-12 XIV XII __________________________

SPECIAL INSTITUTE REGISTRATION:

☐ Dr. Black ☐ Dr. Zindel __________________________

CONFERENCE REGISTRATION:

ThURSDAY: __________________________

1st Choice 2nd Choice 3rd Choice 1st Choice 2nd Choice 3rd Choice 1st Choice 2nd Choice 3rd Choice __________________________

All-Day C-1 __________________________

Morning 8 3-a __________________________

Afternoon 305 __________________________

MEMBERSHIP TOTAL: __________________________

SPECIAL OFFER: Register for the Special Institute plus the Five-Day Package and deduct $50 from your total fees. __________________________

REGISTRATION TOTAL: __________________________

If you would like to join, complete application on reverse and enclose fee. __________________________

Renewing your membership, please include $160 thru 6/2021 or $240 thru 6/2022. __________________________

☐ Support the Group Foundation with a Scholarship Contribution. __________________________

MEMBERSHIP TOTAL: __________________________

FOUNDATION TOTAL: __________________________

GRAND TOTAL: __________________________

☐ Check enclosed ☐ Visa ☐ MasterCard ☐ American Express __________________________

Discount applied: ☐ Early Career Professional/Student/Resident/Retiree ☐ Institution/Agency ☐ Military __________________________

Name as it appears on card __________________________

Act # __________________________ Exp. Date ________ CVV __________________________

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Website: agpa.org • E-mail: registration@agpa.org

Register Now! Prices go up January 18th

REMEMBER:

• To write all information legibly as it will be used to prepare all registration materials.

• Always include alternate event selections on the registration form; if you don’t select alternates you may not be assigned to an event. For immediate selection confirmation use the online registration form.

• The Courses cover various time slots during the three days of the Conference. Please keep this in mind when making other event selections.

• The Special Institute is not included in the Five-day Package fee; if you register for all six days there is a special discount of $50 off the total registration fees.