



AMERICAN GROUP  
PSYCHOTHERAPY ASSOCIATION  
GROUP FOUNDATION  
FOR ADVANCING MENTAL HEALTH  
INTERNATIONAL BOARD FOR  
CERTIFICATION OF GROUP  
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**FOR IMMEDIATE RELEASE**

**AGPA CONNECT 2018 “THE HEALING POWER OF GROUPS IN A FRAGMENTED WORLD”  
SELECTED SESSIONS NOW AVAILABLE ONLINE**

**NEW YORK, April 6, 2018**— The American Group Psychotherapy Association announced that selected sessions from AGPA Connect 2018 in Houston, “The Healing Power of Groups in a Fragmented World” are now available [online](#) with formal continuing education credits available.

Over 30 program sessions are available with a diverse array of content including, trauma, groups for children and adolescents, (including in a school setting for those at risk, for ADHD and autism) and the benefits of group in the new health care environment. All focus on group psychotherapy as an effective treatment modality that contributes to resilient communities in today’s world with the power to connect individuals, families and communities in meaningful ways to effect change on personal and societal levels.

“AGPA Connect is the source for training in leading therapeutic groups” said Barry Helfmann, PsyD, ABPP, CGP, DFAGPA, AGPA President. “For those unable to attend this past year in person, or those who had to miss events of interest due to scheduling, this is an opportunity to receive top quality training in group therapy skills along with continuing education credits.”

The programs can be accessed through the [AGPA Online Continuing Education Center](#). The library is open to AGPA members complimentary (with a fee only for CE credits if desired).

This continuing education opportunity is just the most recent offering through the AGPA CE Center. The CE Center provides the opportunity to obtain continuing education credits for a variety of topical areas on group psychotherapy through different channels, all of which offer convenient and affordable options for participating. In addition to the AGPA Connect sessions option, courses are available through video and audio sessions (real-time and archived) as well as print based curricula for self-study. Articles from the esteemed publication *International Journal of Group Psychotherapy* are also available. As noted above, all of these resources are available to AGPA members complimentary, with a fee only for CE credits (available to a number of disciplines) if desired. Visit the [AGPA Online Continuing Education Center](#) for detailed information on content offerings, schedules and information on how to register.

The Online Continuing Education Center also houses an online store where training curricula, audiotapes and videotapes on group psychotherapy can be obtained (many of these publications can be used for teaching purposes and as student and participant manuals). For more information please visit our website at [www.agpa.org](http://www.agpa.org) or contact Diane Feirman, CAE, at 877-668-AGPA (2472) or via e-mail at [dfeirman@agpa.org](mailto:dfeirman@agpa.org).

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### *About AGPA*

The American Group Psychotherapy Association is the foremost professional association dedicated to the field of group psychotherapy, operating through a tri-partite structure: AGPA, a professional and educational organization; the Group Foundation for Advancing Mental Health, its philanthropic arm; and the International Board for Certification of Group Psychotherapists, a standard setting and certifying body. This multidisciplinary association has approximately 2,500 members, including psychiatrists, psychologists, social workers, nurses, clinical mental health counselors, marriage and family therapists, pastoral counselors and creative arts therapists, many of whom have been recognized as specialists through the Certified Group Psychotherapist credential. The association has 21 local and regional societies located across the country. Its members are experienced mental health professionals who lead psychotherapy groups and various non-clinical groups. Many are organizational specialists who work with businesses, not-for-profit organizations, communities and other "natural" groups to help them improve their functioning.

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