



AMERICAN GROUP
PSYCHOTHERAPY ASSOCIATION
GROUP FOUNDATION
FOR ADVANCING MENTAL HEALTH
INTERNATIONAL BOARD FOR
CERTIFICATION OF GROUP
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FOR IMMEDIATE RELEASE

AMERICAN GROUP PSYCHOTHERAPY ASSOCIATION YOUTUBE CHANNEL EDUCATES CLINICIANS AND PUBLIC ON THE BENEFITS OF GROUP PSYCHOTHERAPY

NEW YORK, July 9, 2018- The American Group Psychotherapy Association branded channel on YouTube at <http://www.youtube.com/user/agpa212> provides a wealth of information for clinicians, the public-at-large as well as media seeking expert information on the use of groups. This association sponsored channel contains videos from experts in group psychotherapy and organizational leaders speaking about the benefits of group psychotherapy and group interventions, in general and for certain populations, as well as the wide variety of current activities of the organization.

Here are just a few of the videos featured:

[Gay, Lesbian, Bisexual, Transgender and Queer Identities: Within and Beyond AGPA](#): Members of the Gay, Lesbian, Bisexual, Transgender and Queer Identities Special Interest Group discuss gender and sexual orientation issues as they relate to groups as well as individuals' participation in AGPA.

[Scholarship Recipients](#): Recipients of the Group Foundation for Advancing Mental Health scholarships discuss what it meant to them to be able to attend AGPA Connect and how the training is benefiting their work as group therapy clinicians.

[Group Process as an Intervention for Community Resocialization](#): In his presentation at the 2018 Mitchell Hochberg Memorial Public Education Event David Allen, MD, MPH describes how social fragmentation creates victims of shame, who become destructive to themselves, others, and their community. In the resocialization process through the group process, persons are liberated from being victims of shame to being open to positive emotions, forgiveness, gratitude, and constructive community.

[Integrated Primary Care Groups](#): AGPA Fellow and Past President Kathleen H. Ulman, Ph.D., CGP, FAGPA discusses integrated primary care groups and how they can benefit people with shared medical diagnoses.

[National Behavioral Healthcare Trends: A Place for Group](#): AGPA Fellow Martyn Whittingham, Ph.D., CGP, FAGPA discusses national healthcare trends and how group psychotherapy can position itself as an effective and cost-effective treatment in health care systems.

[AGPA Safe Environment Conduct Policy](#): AGPA CEO Ms. Marsha Block and Past President Dr. Eleanor Counselman provide an overview of the nature and purpose of this policy.

“Educating the public and clinicians on group therapy is integral to the mission of the AGPA,” said Barry Helfmann, PsyD, ABPP, CGP, DFAGPA, AGPA President. “This channel is a valuable source of information for the public on how group psychotherapy can help change lives.”

In addition to the new videos mentioned above, visitors to the channel can:

- Hear directly from experts in the field about group services for college students, the medically ill, veterans, addictions, couples and families following trauma and military deployment, international work with traumatized cultures, and groups for children and adolescents;
- Learn about the philanthropic work being done by the Group Foundation for Advancing Mental Health as well as share in awards being given to AGPA members for their incredible work in group psychotherapy and in supporting communities around the world.
- View videos of individual practitioners discussing group psychotherapy in general, their clinical practice, and work methods in particular, including how group can play a prominent role in a changing healthcare environment.

For more information on the channel or on group psychotherapy, or to find out how to participate on the channel, contact AGPA at (212) 477-2677 or visit our website at www.agpa.org

About AGPA

The American Group Psychotherapy Association is the foremost professional association dedicated to the field of group psychotherapy, operating through a tri-partite structure: AGPA, a professional and educational organization; the Group Foundation for Advancing Mental Health, its philanthropic arm; and the International Board for Certification of Group Psychotherapists, a standard setting and certifying body. This multidisciplinary association has over 2,000 members, including psychiatrists, psychologists, social workers, nurses, clinical mental health counselors, marriage and family therapists, pastoral counselors and creative arts therapists, many of whom have been recognized as specialists through the Certified Group Psychotherapist credential. The association has 26 local and regional societies located across the country. Its members are experienced mental health professionals who lead psychotherapy groups and various non-clinical groups. Many are organizational specialists who work with businesses, not-for-profit organizations, communities and other "natural" groups to help them improve their functioning.

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