



AMERICAN GROUP  
PSYCHOTHERAPY ASSOCIATION  
GROUP FOUNDATION  
FOR ADVANCING MENTAL HEALTH  
INTERNATIONAL BOARD FOR  
CERTIFICATION OF GROUP  
PSYCHOTHERAPISTS

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**FOR IMMEDIATE RELEASE**

**INTERNATIONAL BOARD FOR CERTIFICATION OF GROUP PSYCHOTHERAPISTS PRESENTS  
2018 HAROLD S. BERNARD GROUP PSYCHOTHERAPY TRAINING AWARD  
TO HELENE SATZ, PSY.D., ABPP, CGP**

**NEW YORK, February 20, 2018** – The International Board for Certification of Group Psychotherapists will be presenting the 2018 Harold S. Bernard Group Psychotherapy Training Award to Helene Satz Psy.D., ABPP, CGP. The presentation will take place during AGPA Connect 2018 in Houston at the Westin Galleria Hotel on Thursday, March 1 during the Membership Community Meeting.

This award was established in 2001 and is given annually to an individual or organization whose work in group training and/or education contributes to excellence in the practice of group psychotherapy. It was renamed through a legacy gift provided to the Group Foundation for Advancing Mental Health by Dr. Bernard for the purpose of endowing the award. Throughout his lifetime, training in group psychotherapy was near and dear to Dr. Bernard's heart. His legacy bequest and this award insure that individuals and programs meeting a high standard of training quality be identified and honored for their contributions to the field in developing the next generation of clinicians who use group psychotherapy to help people.

Dr. Helene Satz is being recognized with this award due to her significant contribution of training psychiatric residents in group psychotherapy at the Tripler Army Medical Center Department of Psychiatry in Honolulu. The program offers its residents a robust training in group psychotherapy, most of which is led by Dr. Satz. The training exceeds the requirements for group therapy outlined by the Accreditation Council for Graduate Medical Education (ACGME) and Residency Review Committee (RRC). It is described as one of the most extensive trainings in group psychotherapy among all United States psychiatric residencies. Dr. Satz's sphere of influence goes beyond her work with medical and psychiatric residents. She also facilitates process groups for the internal medicine residents as they navigate their training in military internal medicine. And, through demonstration, education and consultation she provides training on the standards of group psychotherapy practice to hospital staff including: psychology interns and residents, inpatient psychiatry nurses, intensive outpatient program staff (psychologists, social workers and other counselors), and psychiatric technicians.

“Dr. Satz is a respected and generous teacher whose dedication to supporting and growing the field of group psychotherapy personifies this award,” said Tony L. Sheppard, Psy.D., CGP, FAGPA, Certification Board Chairman. “Her work has had an impact on innumerable trainees and practitioners, benefitting the profession and the public.”

Past recipients of the award are as follows:

2017 Norman Neiberg, Ph.D., DLFAGPA  
2016 National Group Psychotherapy Institute (NGPI) of the Washington School of Psychiatry  
2015 Haim Weinberg, Ph.D., CGP, FAGPA  
2014 Donna J. Markham, OP, Ph.D., ABPP, CGP  
2013 David Panzer, Psy.D., CGP and the Group Psychotherapy Services of Rutgers University  
2012 Menninger Department Of Psychiatry & Behavioral Sciences Group Therapy Program at the Baylor College Of Medicine  
2010 The Systems-Centered Training and Research Institute (SCTRI)  
2009 Robert Klein, Ph.D., ABPP, CGP, DLFAGPA  
2008 Center for Group Studies in New York City  
2007 Walter Stone, M.D., CGP, DFAGPA and One-Year Training Program in Group Psychotherapy of the Eastern Group Psychotherapy Society  
2006 Marvin Aronson, PhD, CGP, FAGPA  
2005 Wendi Cross, Ph.D., CGP and Saul Scheidlinger, Ph.D., CGP, DLFAGPA  
2004 K. Roy MacKenzie, M.D., FRCP, CGP, DFAGPA  
2003 Gary Burlingame, Ph.D., CGP  
2002 Henry Spitz, M.D., CGP, DFAGPA

This award presentation is a highlight of AGPA Connect 2018 in Houston. Entitled “The Healing Power of Groups in a Fragmented World,” this meeting attracts more than 1,000 group therapists, researchers and scientists from around the world. Group therapists of all disciplines will gather to learn the most effective techniques in working with a variety of populations in groups, an increasingly utilized modality due to its effectiveness and cost-effectiveness. The theme celebrates the power of groups to connect individuals, families and communities in meaningful ways to effect change on personal and societal levels.. For more information, contact AGPA at (877) 668-AGPA (2472) or visit [www.agpa.org](http://www.agpa.org).

### ***About the International Board for Certification of Group Psychotherapists***

The International Board for Certification of Group Psychotherapists is a standard setting and certifying body. This multidisciplinary credentialing body has over 1,500 certified clinicians, including psychiatrists, psychologists, social workers, nurses, clinical mental health counselors, marriage and family therapists, pastoral counselors and creative arts therapists who are recognized as group specialists through the Certified Group Psychotherapist credential.

### ***About AGPA***

The American Group Psychotherapy Association is the foremost professional association dedicated to the field of group psychotherapy, operating through a tri-partite structure: AGPA, a professional and educational organization; the Group Foundation for Advancing Mental Health, its philanthropic arm; and the International Board for Certification of Group Psychotherapists, a standard setting and certifying body. This multidisciplinary association has over 2,500 members, including psychiatrists, psychologists, social workers, nurses, clinical mental health counselors, marriage and family therapists, pastoral counselors and creative arts therapists, many of whom have been recognized as specialists through the Certified Group Psychotherapist credential. The association has 21 local and regional societies located across the country. Its members are experienced mental health professionals who lead psychotherapy groups and various non-clinical groups. Many are organizational specialists who work with businesses, not-for-profit organizations, communities and other "natural" groups to help them improve their functioning.