



AMERICAN GROUP
PSYCHOTHERAPY ASSOCIATION
GROUP FOUNDATION
FOR ADVANCING MENTAL HEALTH
INTERNATIONAL BOARD FOR
CERTIFICATION OF GROUP
PSYCHOTHERAPISTS

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FOR IMMEDIATE RELEASE

INTERNATIONAL BOARD FOR CERTIFICATION OF GROUP PSYCHOTHERAPISTS PRESENTS 2021 HAROLD S. BERNARD GROUP PSYCHOTHERAPY TRAINING AWARD TO FAROOQ MOHYUDDIN, MD, CGP, FAPA, FAGPA

NEW YORK, March 3, 2021— The International Board for Certification of Group Psychotherapists will be presenting the 2021 Harold S. Bernard Group Psychotherapy Training Award to Farooq Mohyuddin, MD, CGP, FAPA, FAGPA. The presentation will take place during virtual AGPA Connect 2021's Membership Community Meeting on Sunday, February 21, 2021.

This award was established in 2001 and is given annually to an individual or organization whose work in group training and/or education contributes to excellence in the practice of group psychotherapy. It was renamed through a legacy gift provided to the Group Foundation for Advancing Mental Health by Dr. Bernard for the purpose of endowing the award. Throughout his lifetime, training in group psychotherapy was near and dear to Dr. Bernard's heart. His legacy bequest and this award insure that individuals and programs meeting a high standard of training quality be identified and honored for their contributions to the field in developing the next generation of clinicians who use group psychotherapy to help people.

Dr. Mohyuddin is being recognized with this award due to his significant contributions in training and leadership in the field of group psychotherapy on a local and national scale. Dr. Mohyuddin has been Chair of Psychiatry Training and Education at Saint Elizabeth's Hospital in Washington, D.C. since 2013; prior to that, he was the Program Director for the Psychiatry Residency Training Program. His residents receive extensive group therapy training for the duration of three years. Since 2008, Dr. Mohyuddin has been teaching the Core Principles of Group Psychotherapy course at the Washington School of Psychiatry. From 2018 to 2020, Dr. Mohyuddin served as Chair of the Faculty at the National Group Psychotherapy Institute.

Comments about Dr. Mohyuddin from those who recommended him for the award included: “[he is] steeped in the love and efficacy of group therapy” and “I do not believe I would have received this more advanced level of training in group therapy at another program, and this is due solely to the great efforts undertaken by Dr. Mohyuddin to share his knowledge and skills.”

Tony L. Sheppard, Psy.D., CGP, FAGPA, Certification Board Chairman said “Dr. Mohyuddin is a respected and generous teacher whose dedication to supporting and growing the field of group psychotherapy personifies this award. His work has had an impact on innumerable trainees and practitioners, benefitting the profession and the public.”

The past few years' recipients of the award are as follows; the full list can be found [here](#).

2020 J. Scott. Rutan, PhD, CGP, DLFAGPA

2019 Judith Coché, PhD, ABPP, CGP, LFAGPA

2018 Helene Satz Psy.D., ABPP, CGP

2017 Norman Neiberg, Ph.D., DLFAGPA

2016 National Group Psychotherapy Institute (NGPI) of the Washington School of Psychiatry

2015 Haim Weinberg, Ph.D., CGP, FAGPA

This award presentation is a highlight of virtual AGPA Connect 2021. Entitled "The Power of Groups in a Challenging World," this meeting attracts more than 1,000 group therapists, researchers and scientists from around the world. Group therapists of all disciplines will gather to learn the most effective techniques in working with a variety of populations in groups, an increasingly utilized modality due to its effectiveness and cost-effectiveness. The theme reflects the meeting's emphasis on the power of groups to effect change in meaningful ways on personal and societal levels despite challenging world events such as the COVID-19 pandemic. For more information, contact AGPA at (877) 668-AGPA (2472) or visit www.agpa.org.

EDITOR'S NOTE: Media are invited to attend select sessions of virtual AGPA Connect 2021. To register, please send an e-mail request to dfeirman@agpa.org or call 877-668-AGPA (2472).

About the International Board for Certification of Group Psychotherapists

The International Board for Certification of Group Psychotherapists is a standard setting and certifying body. This multidisciplinary credentialing body has over 1,500 certified clinicians, including psychiatrists, psychologists, social workers, nurses, clinical mental health counselors, marriage and family therapists, pastoral counselors and creative arts therapists who are recognized as group specialists through the Certified Group Psychotherapist credential.

About AGPA

The American Group Psychotherapy Association (AGPA) is the foremost professional association dedicated to the field of group psychotherapy, operating through a tri-partite structure: AGPA, a professional and educational organization; the Group Foundation for Advancing Mental Health, its philanthropic arm; and the International Board for Certification of Group Psychotherapists, a standard setting and certifying body. AGPA represents over 2,000 mental health professional members including psychologists, psychiatrists, and social workers, as well as mental health, family, and pastoral counselors, many of whom have been recognized as specialists through the Certified Group Psychotherapist credential. Its members are experienced mental health professionals who lead psychotherapy groups and various non-clinical groups. Many are organizational specialists who work with businesses, not-for-profit organizations, communities and other "natural" groups to help them improve their functioning. The association also has 21 local and regional societies located across the country.

AGPA is committed to supporting the dignity and psychological safety of every individual without discrimination regarding race, ethnicity, gender, religion, sex, age, or disability. Central to our mission is a belief in the power of groups to treat mental illness, heal the scars from traumatic events, and enhance the well-being of adults and children in their families, schools, corporate settings, and communities.
