



AMERICAN GROUP
PSYCHOTHERAPY ASSOCIATION
GROUP FOUNDATION
FOR ADVANCING MENTAL HEALTH
INTERNATIONAL BOARD FOR
CERTIFICATION OF GROUP
PSYCHOTHERAPISTS

25 East 21st Street
Sixth Floor
New York
New York 10010
877.668.AGPA (2472)
www.agpa.org

Media Contact:

Diane C. Feirman, CAE

877-668-AGPA (2472)

dfeirman@agpa.org

FOR IMMEDIATE RELEASE

**AMERICAN GROUP PSYCHOTHERAPY ASSOCIATION IS AWARDED THE 2021 SYNERGY AWARD
FOR EXCELLENCE IN EDUCATIONAL PROGRAMMING BY THE NEW YORK SOCIETY OF
ASSOCIATION EXECUTIVES**

NEW YORK, July 31, 2021 – The American Group Psychotherapy Association (AGPA) is thrilled to announce its receipt of the 2021 Synergy Award for Excellence in Educational Programming, awarded by the New York Society of Association Executives (NYSAE). NYSAE’s annual Synergy Awards celebrate exceptional achievement by individuals and organizations within the association and nonprofit community of New York’s Tri-State area. The Excellence in Educational Programming award recognizes organizations providing innovative, applicable educational programming that significantly contributes to members’ professional development.

AGPA was selected this year for the award because of “its outstanding work in the association community over the past year,” including the development and compilation of critical resources for mental health specialists navigating professional challenges during the COVID-19 pandemic, as well as the establishment of organization-wide social justice and antiracism initiatives.

Most principally, AGPA is recognized for the consistent online training offered via its Continuing Education programs, which offer participants from diverse clinical disciplines the opportunity to advance their knowledge and skills in group psychotherapy and related fields. AGPA E-Learning events, scheduled on a monthly basis, cover an impressive breadth of subject matter, with the learning objectives of each course clearly delineated for attendees. Both members and nonmembers of the organization are invited to register for E-Learning, and the availability of recorded sessions has enabled educational training to continue as life moved more online over the past year.

“AGPA is dedicated to providing exceptional training in group psychotherapy to enhance the quality of mental health services provided to people in need,” said Molyn Leszcz, MD, FRCPC, CGP, DFAGPA, AGPA President. “We are honored by this recognition of our efforts by NYSAE.”

Professional Development Senior Director and incoming Chief Executive Officer of AGPA, Angela M. Stephens, CAE will accept the award at the October 29, 2021 Synergy Awards Breakfast.

About AGPA

The American Group Psychotherapy Association (AGPA) is the foremost professional association dedicated to the field of group psychotherapy, operating through a tri-partite structure: AGPA, a professional and educational

organization; the Group Foundation for Advancing Mental Health, its philanthropic arm; and the International Board for Certification of Group Psychotherapists, a standard setting and certifying body. AGPA represents over 2,000 mental health professional members including psychologists, psychiatrists, and social workers, as well as mental health, family, and pastoral counselors, many of whom have been recognized as specialists through the Certified Group Psychotherapist credential. Its members are experienced mental health professionals who lead psychotherapy groups and various non-clinical groups. Many are organizational specialists who work with businesses, not-for-profit organizations, communities and other "natural" groups to help them improve their functioning. The association also has 21 local and regional societies located across the country.

AGPA is committed to supporting the dignity and psychological safety of every individual without discrimination regarding race, ethnicity, gender, religion, sex, age, or disability. Central to our mission is a belief in the power of groups to treat mental illness, heal the scars from traumatic events, and enhance the well-being of adults and children in their families, schools, corporate settings, and communities.

* * *